



# Travel for Credit: Civics & Careers

8 DAYS

## Included in the program fee:

- Round trip motorcoach transportation
- Transfers to and from the hotel and between destination cities (as per program itinerary)
- Overnight in hotels with private bathrooms
- Continental breakfast daily
- Dinner daily (except on day 6)
- Full-time services of an EF Tour Director
- Customary gratuities for your tour director, local guide and driver
- Professional overnight security (9:30pm – 4:30am)

## Not included in the program fee:

- Porterage
- Personal Insurance
- Beverages and lunches (lunch is provided on day 6)
- Public transportation to free time activities

**Overnight stays:** Toronto (2); Ottawa (3); Montréal (2).

**Sightseeing tours led by an expert:** Ottawa; Montréal.

**Entrances included:** CN Tower; Social Justice & Graffiti tour of Toronto; McMichael Arts Gallery and Workshop or Queen's Park visit; Canadian War Museum; Immersive Parliament experience; Supreme Court of Canada; Evening activity in Ottawa; Sugar Shack dinner and experience; 'My Allyship in Action to Support Indigenous Nations' Workshop at the McCord museum; Notre-Dame Basilica; 3 Curated Learning Module Activities.

*Please note that the following is a sample timed itinerary for this EF tour with approximate addresses, activity durations, and transfer times. Exact timing may vary based on available flights, hotel location, scheduled activity bookings, traffic, etc. Your EF Tour Director is available to the group 24/7 while on tour. EF works with Group Leaders to ensure that travellers have a safe and memorable experience while on tour.*

## Day 1: Toronto

### Board your bus and drive to Toronto

### Meet your Tour Director at your destination

#### Tour Director-led Sightseeing of Toronto

With your tour director, stroll down Yonge Street, which was laid down in 1794 and is contested to be the longest street in the world. At the popular Yonge and Dundas square you will see the Eaton Centre, named after the famous Eaton family; founders of Canada's once largest department store chain. Pass City Hall, one of only several architecturally unique buildings in Toronto; it is composed of two curved towers surrounding a lower rotunda. Keep your eyes peeled to catch a glimpse of a celebrity as you pass by the nation's music headquarters, Much Music.

#### Ascend the CN Tower

Board a glass elevator and ascend to the top of Toronto's 1,815-foot-high landmark for a dizzying view of the city. See if you can muster up the courage for a few steps across the glass floor of the observation deck as you peer down at the miniature world below.

## Day 2: Toronto

#### Social Justice & Graffiti Tour of Toronto

Explore some of Toronto's iconic graffiti on a tour that explores the themes of social justice through graffiti. Learn about how graffiti is used to demonstrate the themes of identity, equity, diversity and inclusion, and the idea of expressing individuality and conversations of social justice through this art form.

#### 'Learning Module'

Our flexible on-tour learning modules are included in every tour and are selected by partner school boards or districts from a collection curated by EF.

#### Evening Theatre Performance in Toronto

Enjoy an evening of theatre in Toronto's bustling theatre district, home to Canada's largest concentration of stage theatres.

## Day 3: Toronto | Ottawa

#### Visit Queen's Park

Welcome to Ontario's Parliament- Queen's Park! Visit the Legislative Chamber, take a tour of the Legislative Building, and participate in an activity to learn all about the workings of our provincial parliament.

OR

#### Visit the McMichael Art Gallery and Participate in a Workshop

The McMichael Canadian Art Collection offers its visitors a unique and truly Canadian experience. From the art within its walls to the surrounding landscape, the McMichael is the perfect gallery for an introduction to Canada's art, its peoples, their cultures and their history. Renowned for its devotion to collecting and exhibiting only Canadian art, the McMichael permanent collection consists of almost 6,000 artworks by Tom Thomson, the Group of Seven, their contemporaries, and First Nations, Inuit and other artists who have made a contribution to Canada's artistic heritage. After visiting the gallery, participate in a workshop centered on the "Stories from Canada". You will explore art as an expression of personal experience and examine various cultural narratives of the past and present. Themes include colonialism in Canada such as the residential-school system, slavery, and industrialization. Stories of resilience, pride, identity, and connection, encourage students to reflect on their own experience, personal gifts, and community, contributing to a sense of belonging and reconciliation.

#### Travel by bus to Ottawa

#### Walk along the Rideau Canal and enjoy a Beaver Tail treat!

## Day 4: Ottawa

#### Guided Sightseeing of Ottawa

Today, you'll discover Canada's capital with your Tour Director. Head over to Sussex Drive for spectacular views of the city and the Ottawa and Rideau rivers. Here, you'll see the Prime Minister's residence. You'll also see the and striking copper roofed Gothic Parliament buildings. The heart of Canadian political life, Parliament houses the Senate and House of Commons.

#### Supervised Exploration Time in the ByWard Market

The ByWard Market is one of the top attractions in Ottawa with over 50,000 people visiting on the weekends during the summer months. It's a huge open-air market with artists, a great farmer's market, over 260 stands and 500 shops! It's also a historical area of the city, originally designed in 1826 as a public market. The streets are extra wide because they were designed to accommodate the huge amount of traffic, except back then traffic was of the horse drawn variety.

#### Self-guided visit of the Canadian War Museum

Learn about Canada's involvement in conflict, both here and abroad. Covered in the museum exhibitions are disputes ranging from those involving the First Nations peoples during the formation of the country, through the two World Wars and our more recent role as peacekeepers. The museum emphasizes the devastating human cost of war.

## Day 5: Ottawa

### Experience Parliament through a House of Commons or Senate Tour

Get ready to spend some time exploring the place where the most important functions of government take place, the Parliament Buildings! See where the fiery debates between the parties take place and just think of all the important Canadian history that's occurred here since the buildings began functioning as a government centre in 1859. Just think, you'll be one of more than 3,000,000 people that visit Parliament Hill each and every year!

### Participate in a Mock Trial at the Supreme Court of Canada

Learn about the Canadian judicial system and how various legal issues are resolved by Canada's highest court.

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### Evening Activity in Ottawa

Spend the evening participating in a ghost walk, bowling, laser tag, mini golf or hanging out at a board game café.

## Day 6: Ottawa | Montréal

### Travel to Montréal

### Sugar Shack lunch in Montréal

Join a festive visit to the Sugar Shack, where you'll dine in the hearty manner of early French-Canadian loggers. The Sugar Shack offers a memorable evening of traditional feasting, songs, games and dancing. You'll even have the chance to try "playing the spoons."

*\*lunch will be provided instead of dinner this day*

### Supervised Exploration Time on Rue Ste. Catherine

Saint Catherine Street is the primary commercial artery of Downtown Montréal. Connected underground by a series of pathways and malls known as the Underground City (the largest in the world). The easiest way to access the underground would be to enter through one of the many shopping malls on Ste. Catherine Street. From their bottom floors you can connect to the other malls without ever having to go outside.

### 'My allyship in action to support Indigenous Nations Workshop' at the McCord Museum

My allyship in action towards indigenous peoples workshop at the McCord Museum – through questioning and discussion, students explore what everyday actions can we take to be allies to Indigenous peoples and their struggles? Developed in response to the Truth and Reconciliation Commission of Canada, this workshop engages participants in dialogue to become more aware of Indigenous realities and identify concrete actions for reconciliation.

## Supervised exploration time for dinner in Montréal

With the support of the Tour Director, the Group Leader will determine boundaries of where groups can go during this time.

## Day 7: Montréal

### Guided sightseeing of Montréal

With a licensed local step-on guide, discover the cultural and historical highlights of Montréal. Ascend Mont Royal to the expansive green park at its summit, designed by American landscape architect Frederick Law Olmsted, mastermind of New York City's Central Park. The 98-foot cross at its peak commemorates the 1643 climb by de Maisonneuve, founder of Montréal. Take in Jacques Cartier square, a car-free zone during summer and an entrance to the city's Old Port. See also the British-influenced quads and buildings of McGill University, founded in 1821. Then visit the Basilica of Notre-Dame de-Montréal, a magnificent example of French-Canadian architecture that once hosted national separatist rallies and is the largest church in Canada.

### Visit Notre-Dame Basilica in Old Montréal

When it was founded in 1642, the village, then known as Ville-Marie, had its first wooden chapel inside the palisade at Pointe-à-Callière, today the site of Montréal's major archaeological museum. The Notre-Dame Basilica possesses some of the finest Gothic Revival architecture in North America, where it was the first full example of this major style. Come and take in the splendor of one of the most significant parts of the Catholic heritage in Montréal.

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### Old Montréal Dinner Experience

Experience culture, dining & ambiance in an authentic Old Montréal setting.

## Day 8: Depart for Home

Board your bus and drive home.

*Itinerary is subject to change.*

For complete financial and registration details, please refer to the Booking Conditions at [www.eftours.ca/bc](http://www.eftours.ca/bc).



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