



Health Sciences in Great Britain

9 DAYS

Included in the program fee:

- Round trip airfare
- Transfers to and from the airport and hotel and between destination cities (as per program itinerary)
- Overnight in hotels with private bathrooms
- Continental breakfast daily
- Dinner daily
- Full-time services of an EF Tour Director

Not included in the program fee:

- Customary gratuities for your tour director, local guide and driver
- Personal Insurance
- Portage
- Beverages and lunches
- Public transportation to free time activities

Overnight stays: Edinburgh (3); London (4).

Sightseeing tours led by an expert:

Medical-themed walking tour of Edinburgh; Jack the Ripper Tour; Medical-themed tour of London.

Entrances included: Mary King's Close; Edinburgh Castle; National Museum of Scotland; Surgeon's Museum; London Eye; Forensics Workshop; Tower of London; Health Care Museum; Wellcome Collection; Old Operations Theatre applied medicine discussion; Medical Institution visit; Meet with a nurse or midwife; Evening theatre performance.

Please note that the following is a sample timed itinerary for this EF tour with approximate addresses, activity durations, and transfer times. Exact timing may vary based on available flights, hotel location, scheduled activity bookings, traffic, etc. Your EF Tour Director is available to the group 24/7 while on tour. EF works with Group Leaders to ensure that travellers have a safe and memorable experience while on tour.

Day 1: Board your overnight flight to Scotland

Day 2: Edinburgh

Morning: Arrive in Edinburgh and meet your Tour Director at the Airport

Welcome to Edinburgh, and admire the rolling hills and dazzling seascapes that surround the Scottish capital. The entire city is built on a series of extinct volcanoes providing an almost lunar environment complemented by varied and subtle architecture.

1:00pm: Time for lunch in small, supervised groups

With the support of the Tour Director, the Group Leader will determine boundaries of where groups can go during this time.

3:00pm: Tour Director-led Walking Tour of Edinburgh

Get to know Edinburgh during your Tour Director-led walking tour. You might explore the narrow alleys of Old Town or Georgian townhouses of New Town.

5:00pm: Group dinner at a restaurant in central Edinburgh

7:00pm: Travel by private motorcoach to the hotel in Edinburgh

9:00pm: Group Leaders and Chaperone team will facilitate room checks and lights out

Day 3: Edinburgh

6:00am: Wake-up call

7:00am: Breakfast at the hotel

8:00am: Travel by private motorcoach to central Edinburgh

10:00am: Healthcare-themed guided walking tour of Edinburgh

Take a medical-themed walking tour of Edinburgh. With your expert local guide you will discover the city's rich medical heritage, see the oldest medical institution in the English-speaking world, and learn about Edinburgh's grave robbing history.

11:30am: Visit Mary King's Close

Travel back to the 1600's with your costumed character tour guide as they lead you through the alleys and streets of this 400 year old neighborhood. Once a bustling area with traders and shops, Mary King's Close is now shrouded in ghost stories and tales of murder and plague. During your tour, you will learn all about the myths and facts of this intriguing must-see stop in Edinburgh.

1:00pm: Time for lunch in small, supervised groups

With the support of the Tour Director, the Group Leader will determine boundaries of where groups can go during this time.

3:00pm: Visit Edinburgh Castle

Situated atop an extinct volcano, the castle is the enduring symbol of Scotland's capital and home to many of the nation's storied events. Ownership of the fortress changed hands on numerous occasions over the centuries, from Scottish to English and back again. See the tiny St. Margaret's Chapel, the oldest part of the castle, dating back to the 11th century.

5:00pm: Group dinner at a restaurant in central Edinburgh

7:00pm: Travel by private motorcoach to the hotel in Edinburgh

9:00pm: Group Leaders and Chaperone team will facilitate room checks and lights out

Day 4: Edinburgh

6:00am: Wake-up call

7:00am: Breakfast at the hotel

8:00am: Travel by private motorcoach to central Edinburgh

10:00am: Visit the National Museum of Scotland

Formally known as the Huntly House Museum, this museum houses a collection related to Edinburgh origins, history, and legends.

1:00pm: Time for lunch in small, supervised groups

With the support of the Tour Director, the Group Leader will determine boundaries of where groups can go during this time.

3:00pm: Visit the Surgeons' Hall Museum

Scotland's largest medical museum houses one of the most significant surgical collections in the world. The oldest pathology museum in Britain contains human anatomical and pathological specimens from the late 18th century. Other objects, images and artworks trace surgery's fascinating history from Roman times to the present including the breakthrough discoveries of antiseptics and anesthesia, the curious development of false teeth and the chilling Burke and Hare murders.

5:00pm: Group dinner at a restaurant in central Edinburgh

7:00pm: Travel by private motorcoach to the hotel in Edinburgh

9:00pm: Group Leaders and Chaperone team will facilitate room checks and lights out

Day 5: Edinburgh | London

6:00am: Wake-up call

7:00am: Breakfast at the hotel

8:00am: Travel by private motorcoach to the train station in Edinburgh

9:00am: Students will have the opportunity to purchase lunch and snacks to eat while on the train

10:00am: Travel by train to London

Ranging from the North Sea in the east to the playing fields of Eton in the west, London covers an area of some 620 square miles and is home to over 8 million people. Prepare to observe the stunning architecture, vibrant street life and royal majesty of this bustling metropolis.

2:00pm: Walking tour of London

Get to know London during your Tour Director-led walking tour. Together you might explore the banks of the River Thames and Trafalgar Square, or make a stop at the chic Covent Garden, where street performers (or “buskers”) amuse the lively crowds.

3:30pm: Ride the London Eye

Built to celebrate the millennium, the world’s largest Ferris wheel offers you the chance to take it all in at once. In its short existence the London Eye has become the most popular UK visitor attraction, with over 3.5 million visitors a year.

6:00pm: Group dinner at a restaurant in central London

8:00pm: Travel by private motorcoach to the hotel in London

10:00pm: Group Leaders and Chaperone team will facilitate room checks and lights out

Day 6: London

6:00am: Wake-up call

7:00am: Breakfast at the hotel

8:00am: Travel by private motorcoach to central London

10:00am: Participate in a Forensics Workshop

Today tackle STEM topics in a whole new way as you participate in a forensics workshop. Today, channel the spirit of CSI while you explore forensic science. Learn criminal investigation skills—such as fingerprint analysis and crime scene assessment—during an interactive workshop. Then get your questions answered by local forensics experts who are driving important innovations in the field.

1:00pm: Time for lunch in small, supervised groups

With the support of the Tour Director, the Group Leader will determine boundaries of where groups can go during this time.

3:00pm: Visit the Tower of London

The history of London comes to life at this complex of 20 towers surrounding Tower Green. The oldest tower, known as the White Tower, was completed in 1097, when it was the tallest building in London. The Tower buildings have had many uses over the years; perhaps the most infamous was as a jail for political prisoners, not to mention two of Henry VIII’s wives. The most famous exhibits at the Tower are the British Crown Jewels. Aside from a short interruption during WWII, these splendid baubles have been locked behind the Tower’s walls for centuries.

5:00pm: Group dinner at a restaurant in central London

7:00pm: Jack the Ripper Guided Walking Tour

Responsible for several bloody murders in the late 1880s, Jack the Ripper remains a source of great controversy. As you retrace the steps and witness the sites of the murders, imagine a London with dark, narrow, over-populated streets, shrouded in fog and racked by poverty. Your ‘Ripperologist’ brings this era to life, mixing suspicion and fact with an array of chilling stories and gory detail.

9:00pm: Travel by private motorcoach to the hotel in London

11:00pm: Group Leaders and Chaperone team will facilitate room checks and lights out

Day 7: London

6:00am: Wake-up call

7:00am: Breakfast at the hotel

8:00am: Travel by private motorcoach to central London

10:00am: Visit the Florence Nightingale Museum

Located at St. Thomas’ Hospital in central London, the museum honors the woman credited with founding modern nursing in the United Kingdom. Explore the nursing school she founded and learn about the legend of the Lady with the Lamp. In addition to interactive exhibits, you’ll see the writing slate Florence used as a child as well as her medicine chest and other historical keepsakes. The museum is a member of the London Museums of Health & Medicine.

1:00pm: Time for lunch in small, supervised groups

With the support of the Tour Director, the Group Leader will determine boundaries of where groups can go during this time.

3:00pm: Guided medical-themed tour of London

Discover the medical history of London on a guided walk today.

4:00pm: Visit the Wellcome Collection

Explore the intersections between medicine, art and every day life as you visit the Wellcome Collection.

6:00pm: Group dinner at a restaurant in central London**8:00pm: Travel by private motorcoach to the hotel in London**

10:00pm: Group Leaders and Chaperone team will facilitate room checks and lights out

Day 8: London**6:00am: Wake-up call****7:00am: Breakfast at the hotel****8:00am: Travel by private motorcoach to central London****10:00am: Participate in a workshop at the Old Operating Theatre**

Transport yourself back into a time when surgery was entertainment during a workshop at the Old Operating Theatre. Learn about the history of medicine as well as social norms and customs surrounding health and healthcare.

11:00am: Visit the Old Operating Theatre Museum

Visit the Old Operating Theatre Museum and learn about the history of healthcare and surgery in England. Discover what surgeons used to dull pain during surgery prior to the introduction of anesthetics.

1:00pm: Time for lunch in small, supervised groups

With the support of the Tour Director, the Group Leader will determine boundaries of where groups can go during this time.

3:00pm: Meet with a healthcare professional

Take part in an informative question-and-answer session with a local registered nurse who can share insights into Britain's healthcare system.

5:00pm: Group dinner at a restaurant in central London**7:00pm: Attend an evening theatre performance**

Participate in London's vibrant drama scene as you attend an evening theater performance in the West End. London has over 80 mainstream theaters-the largest array in the world-featuring everything from traditional classics to cutting edge works by new writers.

10:00pm: Travel by private motorcoach to the hotel in London

11:00pm: Group Leaders and Chaperone team will facilitate room checks and lights out

Day 9: Depart for Home**6:30am: Wake-Up Call****7:30am: Breakfast at Hotel****8:30am: Transfer to the airport for your return flight**

Your tour director assists with your transfer to the airport, where you will check in for your return flight home.

The itinerary is subject to change.

For complete financial and registration details, please refer to the Booking Conditions at www.eftours.ca/bc.



EDUCATIONAL
TOURS

The world leader in international education

For over 55 years, EF has been working toward one global mission: Opening the World Through Education. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem-solving, collaboration, and global competence.

THE EASIEST WAYS TO
ENROL TODAY

Enrol by phone
1-800-387-1460

Enrol by website
eftours.ca/enroll

Enrol by mail
EF Educational Tours
80 Bloor Street West
Toronto, ON M5S 2V1

