



EDUCATIONAL
TOURS 



Lisbon

EF Experiential Training Tour

EF is committed to safety and support, and we make it our priority to ensure that educators are fully prepared to lead educational tours. During an EF Training Tour, Group Leaders will collaborate and learn alongside peers, EF staff, and experienced EF Group Leaders, covering a wide range of important topics such as tour safety, traveller engagement, and on-the-ground logistics. By exploring a new destination and experiencing an EF tour first-hand, Group Leaders develop the skills and practical know-how to handle any situation, preparing them to confidently lead a safe and successful tour.



What you'll experience on an EF Training Tour

Experiential Learning

This Training Tour is a simulation of what you'll experience with your students on tour. Experiencing an EF tour first-hand will not only help prepare you to lead students but also build your confidence as an educator and Group Leader.

Connection

Engage in thoughtful discussions with new and experienced Group Leaders as well as EF staff. Discover new ways to connect your tour to the curriculum—and bring your classroom to life.

Reflection

Gain insight into how to better engage your students in reflection exercises that link on-tour learning with classroom lessons, encouraging students' personal growth through travel.

Building Perspective

Group Leaders will develop a richer understanding of what it means to lead a tour, gaining valuable perspective on the travel experience from a student's point of view.

Lisbon Experiential Training Tour

Day 1: Travel Day

Fly overnight to Portugal.

Day 2: Experiential Learning

Arrive in Lisbon: Touch down in Lisbon, the capital of Portugal. At the airport, you will be greeted by your Tour Director and EF staff, who will remain with you for the duration of the tour. Your hotel will likely not be ready for check-in yet, so you'll head straight into the city.

Walking tour of Lisbon: Experience an Old World atmosphere as you stroll the winding, cobblestone streets of Lisbon's Moorish Alfama district. Many of the city's surviving historical buildings are located in this hillside medieval quarter, including 16th century aristocratic palaces and churches.

Welcome Dinner: Become acquainted with your colleagues, experienced EF Group Leaders, and EF staff members as you enjoy a typical on-tour meal.

Key Learnings

- Experience international travel while considering the logistics of airport security, customs, and potential delays—and learn how to navigate each with your group.
- Keep your group energized and set the tone for a positive experience, even while managing jet lag on arrival day.
- Familiarize yourself with the pace of a student tour.
- Check into a standard EF hotel property and practice organizing rooming and managing your group at the hotel.
- Experience a typical on-tour meal with your group.

Day 3: Experiential Learning

Workshop session: This collaborative session offers the opportunity to hear from EF staff and experienced Group Leaders about the on-tour experience with EF. We will review a range of important pre- and on-tour topics, such as student engagement, building your travel team, and other Group Leader responsibilities. You'll also learn about on-tour reflection exercises, which can be brought back to your classroom.

Guided sightseeing of Lisbon: Gain first-hand understanding of the value of expert, local guides as you explore Lisbon. Recall the Age of Discovery at Padrão dos Descobrimentos and the Torre de Belém. Many navigators set sail from here, including Bartolomeu Dias, who sailed around the southern tip of Africa. Then visit Mosteiro dos Jerónimos, a UNESCO World Heritage Site and one of the most decorated churches of Portugal.

Free evening in Lisbon: Tonight, explore Lisbon with fellow educators.

Key Learnings

- Explore Group Leader responsibilities before and during the tour, and the support EF provides throughout.
- Learn how to build your travel team by selecting chaperones and defining roles.
- Hear from experienced Group Leaders on how to manage tipping for local guides, bus drivers, and your Tour Director during the tour.
- Learn how to safely move as a large group in a major city.
- Practice navigating public transportation in an international city with your group.
- Collaborate with experienced Group Leaders on how to best maximize student engagement during long bus transfers.
- Practice organizing rooming allocations through an interactive activity.

Day 4: Experiential Learning

Workshop session: During this session, collaborate with new and experienced Group Leaders on strategies to ensure students have safe, positive journeys and meaningful personal growth while travelling. You'll discuss best practices for safety, emergency situations, and group management, and explore ways to foster student-driven learning through various activities.

Guided excursion to Sintra and Cascais: Enjoy a half-day excursion to the hillside town of Sintra, which was proclaimed a "glorious Eden" by Lord Byron. Here you'll visit the Palácio Nacional de Sintra. Continue to the charming beach town of Cascais, home to many of the exiled royal families of Europe after World War II, including those of Spain, Italy, and Bulgaria.

Farewell Dinner: Reflect on your learnings from Lisbon at tonight's farewell dinner.

Key Learnings

- Practice engaging your students in reflection exercises to connect on-tour learning with classroom lessons.
- Collaborate with fellow educators and staff on EF's learning outcomes.
- Understand how to best prepare yourself and your group for departure meetings.
- Discuss safety on tour as it applies to your role as a Group Leader, as well as EF's approach to safety.
- Learn how to best set expectations and provide structure during free time on tour.

Day 5: Travel Day

Return to Canada: After breakfast, EF staff will accompany you to the airport and assist with check-in for your return flight.

Key Learnings

- Tour Departure procedures: packing, early morning transfers, and other logistics.

Please note: The order of this itinerary may vary.



WHAT'S INCLUDED

Round-trip flights on major carriers; hotel accommodations; comfortable motor coach; breakfast daily and additional meals as specified; full-time services of an EF Tour Director; Training workshops with EF and experienced Group Leaders.



SIGHTSEEING

Lisbon; Sintra



ENTRANCES

Mosteiro dos Jerónimos, Palácio Nacional de Sintra



WHAT'S NOT INCLUDED

Portage; Global Travel Protection Plan; activities during free time, select meals as per itinerary, and customary gratuities for your Tour Director, driver and local guides.