

# GlutenTox® SticksPlus for Reader

Quick test for the quantification of gluten content in food and beverages with the Hygiena Cube or GlutenTox® Reader.

# GlutenTox<sup>®</sup> SticksPlus for Reader

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## 1. Intended Purpose

GlutenTox Sticks Plus for Reader is a rapid immunochromatographic test for the quantification of gluten, which is harmful for celiac patients, in food, beverages and other consumer products.

## 2. Introduction

Celiac disease is a disorder that damages the small intestine causing the atrophy of the intestinal villi, which interferes with the absorption of nutrients such as proteins, lipids, carbohydrates, mineral salts and vitamins. This disease is caused by an inappropriate response of the immune system to gluten (a mix of proteins found in cereals) from wheat, barley, rye, and to a lesser extent, from oat [ref. 1 and 2], leading to diarrhea, vitamin and mineral deficiencies, anemia and thin bones (osteoporosis). Celiac disease affects people of all ages.

Currently, the only treatment for celiac disease sufferers is a strict, lifelong gluten-free diet that presents great difficulties because gluten, in addition to being present in many foods, may also be found in food additives and preservatives.

According to the Codex Alimentarius Commission and the EC Regulation 41/2009 on the composition and labeling of foodstuffs suitable for people intolerant to gluten, food can be considered as “gluten-free” if its gluten content does not exceed 20 parts per million (ppm\*).

\* Milligrams of gluten per kilo of food.

## 3. Test basis

GlutenTox Sticks Plus for Reader is an immunochromatographic (lateral flow) test for the quantification of gluten in foods with different composition and levels of processing, from raw materials to heat-processed food, beverages and other consumer products. It is based on the anti-gliadin G12 antibody, which specifically recognizes the 33-mer peptide, the most immunogenic fraction of gluten [ref. 3]. This rapid test is useful in routine monitoring of gluten presence, to guarantee that products comply with a program of Hazard Analysis and Critical Control Points (HACCP), and to ensure proper labeling. It also allows quick decisions and corrective actions in case there is any risk of contamination along the production chain.

In all methods used for gluten analysis in a given sample, the gluten first has to be extracted from the sample's matrix. Extraction is one of the most critical points of the testing process. The extraction solution provided in this kit, Universal Gluten Extraction Solution (UGES), is suited for all types of food thanks to the combination of denaturing agents, reducing agents and solubilizers.

For the analysis of food containing polyphenols, including tannins, such as chocolate, tea, coffee, wine, purple corn and corn fiber, soy, berries, legumes like chickpeas and lentils, etc., it is necessary to use a special additive (**not included in this kit, see section 5**) that prevents the interference of the above mentioned compounds in the extraction process (see Figure 1). The same applies in the case of cosmetic products with antioxidant compounds such as vitamins A, C and E, carotenes, carotenoids, etc.

After the extraction, during the detection step, the gluten present in the sample reacts first with the anti-gliadin G12 antibody [ref. 3] conjugated to red colored particles, previously placed on the stick. The resulting complexes spread by capillarity through the stick and react with a second anti-gliadin antibody, also previously immobilized on the stick. If the result is positive, a RED line appears in the Test Zone (T) of the cassette. The absence of the RED line indicates a negative result. Whether or not gluten is present, the sample moves through the stick up to the Control Zone (C) where, if the test was properly performed, a GREEN line will appear, due to the accumulation of green colored particles also included in the stick. The presence of this GREEN line indicates that: 1) the sample volume was enough, 2) the sample flow was appropriate, and 3) the conjugate particles included in the test were properly released. If the GREEN line does not appear, the test should be considered invalid.

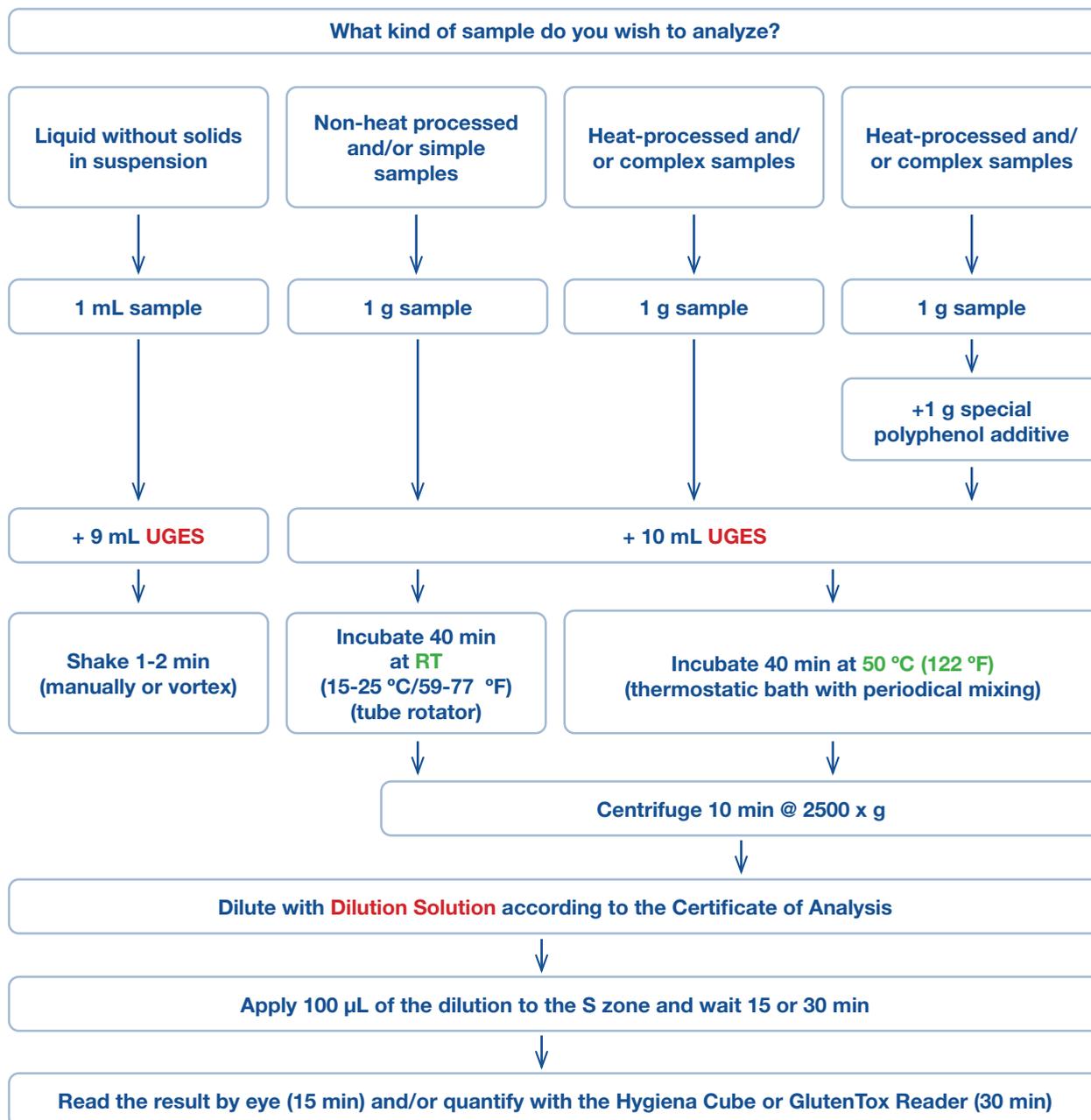


Figure 1. Scheme of use for GlutenTox Sticks Plus for Reader

This test allows two options for the reading of the results: visual or/and quantitative evaluation with the Hygiena Cube or GlutenTox Reader. The Hygiena Cube and GlutenTox Reader are CE labeled and produced according to ISO 9001 and ISO 13485.

## 4. Supplied materials

- GlutenTox cassettes (12 cassettes)
- Universal Gluten Extraction Solution (UGES) (125 mL)
- Dilution Solution (15 mL)
- Positive Control (wholegrain oat flour contaminated with gluten, 10 g)
- Negative Control (corn flour, 10 g)
- RFID Card to use with Hygiena Cube only
- Instructions for use
- Download instructions from the website

## 5. Necessary materials not supplied

- Analytical scale (accurate to 0.1 g)
- Thermostatic bath (not necessary for non-heat-processed samples with simple matrix composition)
- Capped centrifuge test tubes (>10 mL)
- Test vials (1.5 – 2 mL)
- Centrifuge (optional)
- Pipettes and disposable tips
- Disposable gloves
- Vortex mixer (optional)
- Watch/chronometer
- Tube rotator

For testing food containing polyphenols (including tannins) and cosmetic containing antioxidants, please acquire the Polyphenol Pack (KT-5320/KIT3008)\* available from Hygiena TM. This pack contains:

- Special polyphenol additive (25 g).
- Positive Control containing polyphenols (cocoa powder with gluten, 10 g).
- Negative Control containing polyphenols (gluten-free cocoa powder, 10 g).

### IMPORTANT NOTE!

- **Foods rich in polyphenols or tannins are: chocolate, tea, coffee, wine, purple corn and corn fiber, soy, berries, legumes like chickpeas and lentils, etc.**

### IMPORTANT NOTE!

- **The most common antioxidants in cosmetic products are vitamins A, C and E, caarotenes, carotenoids, etc.**

\*For more information contact your supplier.

## 6. Storage conditions and stability

For optimal test performance, GlutenTox Sticks Plus for Reader must be stored in its original packaging, between 15 °C - 25 °C (59 °F - 77 °F) and used before the expiration date printed on the label.

**WARNING:** The envelopes with the cassettes should not be opened until the time of use. Never freeze.

## 7. Precautions

- Only for testing food, beverages and other consumer products.
- Do not ingest the solutions (liquids) of the kit.
- Do not use after the expiration date.
- The use of non-powdered disposable gloves is recommended.
- Manipulate the cassettes with gloves or washed hands and do not touch the Sample Zone (S) within the cassette, to avoid accidental contamination of the test with gluten traces.
- If a sample is heterogeneous (e.g. a salad), make sure to take a representative part of each ingredient, and mix them to make a homogenous sample. If the gluten in the sample is unevenly distributed and you do not do this, a false negative could be obtained.

## 8. Sample preparation (food, beverages and other consumer products)

### 8.1. Solid samples

1. Homogenize, mill and/or triturate the sample.
2. Weigh 1 g of sample and add it to a test tube.

## IMPORTANT NOTE!

- If the sample, solid or liquid, contains polyphenols, tannins (e.g. chocolate) or antioxidants, weigh and add 1 g of special polyphenol additive (KT-5320/KIT3008), to the sample tube and mix it vigorously to achieve complete homogenization of the mixture.
3. Add 10 mL of Universal Gluten Extraction Solution (UGES). Close the tube and mix to homogenize (for example, using a vortex mixer).
  4. Depending on the complexity of the sample matrix and whether the food sample has been processed by heat or not, follow one of the 2 options below (see Figure 2):
    - a) **Non-heat processed samples with simple matrix composition:**

Incubate the sample at room temperature (15 - 25 °C / 59 - 77 °F) for 40 minutes with a tube rotator.
    - b) **Heat-processed samples and/or with complex matrix composition:**

Incubate the sample at 50 °C (122 °F) in a water bath for 40 minutes, shaking the tube periodically by tipping it over or using a vortex mixer.

## IMPORTANT NOTE!

- If the type of sample is difficult to determine, we recommend heating at 50 °C (122 °F) (option b) to facilitate the extraction.
5. Allow separation of solids by settling or centrifugation (10 min at 2500 x g). Solid parts can alter the results.
  6. Transfer the clarified supernatant to a clean tube.

## IMPORTANT NOTE!

- Once extracted, the samples must be analyzed as quickly as possible.

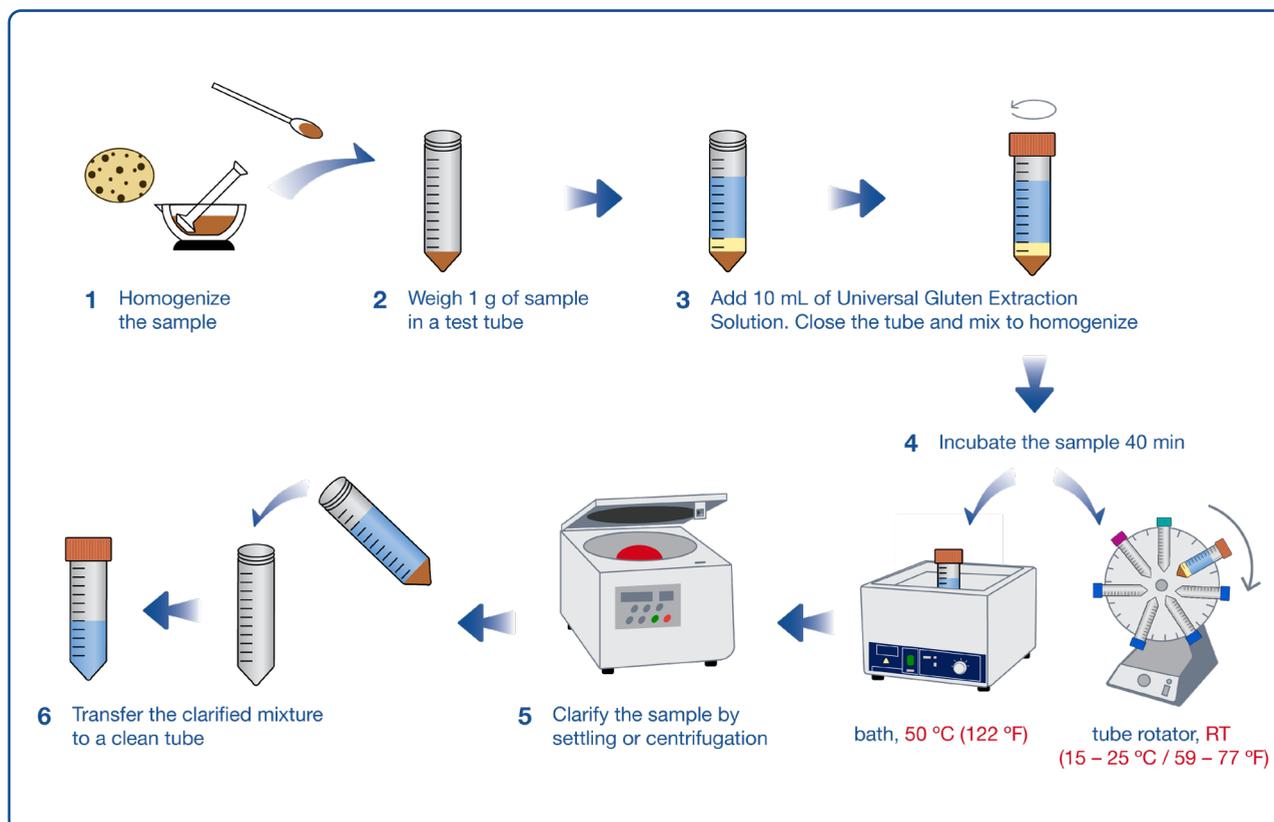


Figure 2. Scheme of the extraction procedure of the solid samples

## 8.2. Liquid samples

Liquid samples such as milk, juices, soft drinks, organic drinks (soy, rice, oat, spelt drinks), beers and broths do not require intensive extraction. For this reason, manually shaking for 1 or 2 minutes is sufficient and the extracts do not require a centrifugation or settling step.

1. Add 1 mL of sample to a test tube.
2. Add 9 mL of Universal Gluten Extraction Solution (UGES) and close the tube cap tightly.

### IMPORTANT NOTE!

- **Liquid samples with polyphenols, tannins or antioxidants must be extracted according to the point 8.1 Solid Samples.**
3. Shake the sample for 1-2 minutes, manually or using a vortex mixer.

### IMPORTANT NOTE!

- **Once extracted, the samples must be analyzed as soon as possible.**

## 9. Test implementation for extracted samples

1. Bring the extracted samples, controls, the Dilution Solution, and the cassettes to room temperature (15 - 25 °C / 59 - 77 °F).
2. Dilute the extracted samples with Dilution Solution in test tubes or vials. The appropriate dilution corresponding to the batch of GlutenTox cassettes can be found in the Certificate of Analysis included in each kit. A final volume of 900-1000 µL is sufficient to perform the test.

### IMPORTANT NOTE!

- **In samples with high levels of fat, avoid taking the upper layer that contains the fat.**

### IMPORTANT NOTE!

- **The diluted samples must be analyzed as quickly as possible and the remaining material should be discarded.**
3. Open the envelope of the cassette. If you wish to perform positive and negative controls, you will need one cassette for each control.
  4. Add 100 µL of the diluted sample or control into the Sample Zone (S) of the cassette.
  5. Wait 15 minutes and read the result on the cassette (see section 11).
  6. To quantify the gluten in the sample, wait at least 30 minutes (and not longer than 2 hours) before analyzing the cassette with the Hygiena Cube or GlutenTox Reader.

## 10. Use of the Hygiena Cube and GlutenTox Reader

Both Readers are designed for the quantification of gluten content with GlutenTox Sticks cassettes. The quantification potential of the kit ranges from 1 ppm to 40 ppm gluten. To quantify your sample, follow these steps:

### 10.1 Hygiena Cube

To quantify your sample, follow these steps:

#### a) Using the Hygiena Cube in stand-alone mode



### IMPORTANT NOTE!

**Before using, please carefully read the Hygiena Cube Manual of Use.**

1. Turn on the device pressing the button briefly (< 1 sec). The display shows "ON"
2. At least 30 minutes after adding the sample to the cassette, place the test into the adapter. Be sure that the adapter and test are correctly placed.
3. Place the Hygiena Cube on top the adapter and test. Be sure that the Hygiena Cube is correctly placed.
4. Press the button briefly. The display will show "RFID TEST". Put the lot specific RFID card onto the top of the device.
5. The display shows "TEST". Press the button briefly. The display shows "RUN".
6. The result is displayed on the screen.
7. Press the button briefly to return to step 1.

**You cannot use Timer Measurement mode**

#### b) Using the Hygiena Cube in remote measurement mode

### IMPORTANT NOTE!

**Before using remote measurement mode of the Hygiena Cube, please carefully read the Hygiena Cube and the Hygiena Cube DataReader Software manuals.**

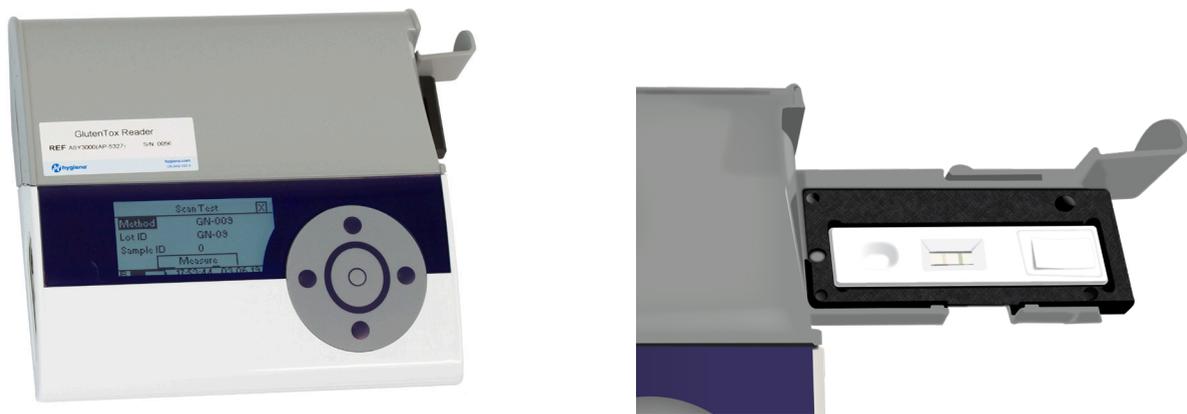
1. Turn on the device pressing the button briefly (< 1 sec). The display shows "ON".
2. Connect it to the PC via the provided USB cable.
3. Open the Hygiena Cube DataReader Software. Check that the Hygiena Cube is successfully connected.

4. At least 30 minutes after adding the sample to the cassette, place the test into the adapter. Be sure that the adapter and the test are correctly placed.
5. Place the Hygiena Cube on top the adapter and test. Be sure that the Hygiena Cube is correctly placed.
6. Click on the “Start measurement” button.
7. Different windows will appear depending on the Setup configuration selected previously.
8. Put the lot specific RFID card on the top of the device. Press "OK".
9. The measurement will start immediately.
10. The results will be added to the list and the 2D volume diagram will be presented.

**You cannot use Timer Measurement mode**

## 10.2 GlutenTox Reader

1. At least 30 minutes after adding the sample to the cassette, insert the cassette into the cassette holder



2. When using the Reader in stand-alone mode, enter the identification data of the sample in the device and press "measure" to start the reading. The result will appear on the screen as “ppm of gluten”.
3. When using the GlutenTox Reader while plugged into a computer, use the provided LF Software to identify the sample and start the reading.

### IMPORTANT NOTE!

**Before performing the test and the quantification of the results, make sure the method installed in your GlutenTox Reader is the right one for the lot number of the cassettes that you plan to use. Methods are available at [www.hygiena.com](http://www.hygiena.com).**

## 11. Visual interpretation of results

For quantification with the Hygiena Cube or GlutenTox Reader, see section 10. For visual interpretation of the results, it is enough to wait 15 min after adding the sample to the cassette. A result can be:

**NEGATIVE:** A single GREEN line (control line) appears in the Control Zone (C) of the cassette. The sample contains less than 1 ppm of gluten.

**POSITIVE:** In addition to the control line (GREEN), a RED line appears in the Test Zone (T). Sample contains more than 1 ppm of gluten and is quantifiable with the Hygiena Cube or GlutenTox Reader.

**INVALID:** The control line (GREEN) does not appear, whether or not the test line (RED) appears. The most common causes for the appearance of an invalid result are adding an insufficient (<100 µL) volume of sample

to the cassette, performing an incorrect procedure, or deterioration of the kit reagents. In the case of an invalid result, it is necessary to revise the procedure and repeat the experiment with a new cassette. If the problem persists, please contact your supplier.

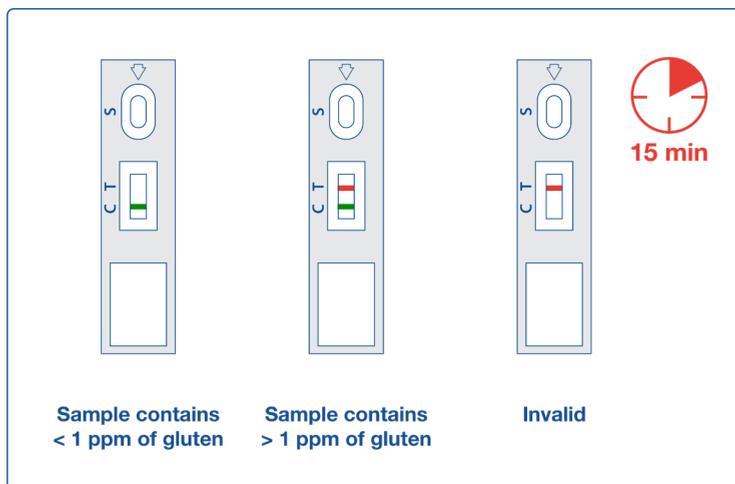


Figure 3. Visual interpretation of results

## 12. Quality control

Internal procedural quality control is included in the test. The green line in the Control Zone (C) is a built-in feature that indicates both a sufficient volume and a correct flow of the sample, with proper release of the conjugate particles. In addition, the kit includes Positive and Negative Controls that can be used, according to the instructions in point 8.1.2 and onwards, to confirm a correct test performance; these control materials must provide clear positive and negative results, respectively, if the test procedure was conducted properly.

## 13. Analytical features

Different assays have been carried out to characterize the main analytical parameters of the test: sensitivity and specificity.

### Sensitivity

The detection limit of GlutenTox Sticks Plus for Reader is 1 ppm gluten. This value was obtained using different solutions of known concentrations of gliadin (one of the proteins of gluten) in the Dilution Solution.

### Specificity

This test can specifically detect the presence of the toxic fraction of the prolamins of wheat (gliadin), rye (secalin), barley (hordein) and some varieties of immunogenic oats (avenin) that can therefore be harmful for celiac patients [ref. 2]. However, when the samples contain celiac-safe foods like rice, corn, soy, buckwheat, sesame, millet, teff, quinoa and amaranth, no positive signal is observed.

### Internal Validation

To ensure the test's performance with all types of food and other materials such as cosmetics and personal care products, a broad range of commercial products have been tested. After analyzing the samples with GlutenTox Sticks in all types of matrices tested (see Table 1 and 2) the results were satisfactory and consistent with the gluten contents determined with the approved method of Codex Alimentarius.

Table 1. Food samples tested for validation of GlutenTox Sticks Plus

| Group                                   | Tested samples   |
|---|--|
| Flour and semolina                      | Corn flour, precooked corn flour, corn semolina, rice flour, wheat flour, buckwheat flour  |
| Milk products                           | Cow milk, milk with soluble fiber, milk with cereals, flavoured or natural yogurt, cheese spread, shredded cheese blend                        |
| Baked and cereal products               | Toast, bread stick, biscuits (Rich tea), chocolate cookies, Madeleine, cake, cornflakes, pastas, corn pancakes, rice cakes, spelt cake, snacks |
| Meat products                           | Minced turkey, minced chicken, turkey sausage, chicken nuggets, pork sausages, chorizo, pork liver pâté  |
| Fishery products                        | Cod and Hake   |
| Vegetables                              | Lettuce mix, fried vegetables  |
| Broth, soups, creams and dry mixes      | Vegetable broth, chicken rice soup, dehydrated vegetable soup, stock cubes, vegetable soup, peanut butter                                      |
| Sauces, dressing, spices and condiments | Yogurt salad dressing, ketchup, soy sauce, salad dressing, garlic powder, paprika powder, cooking cream  |
| Sugars                                  | Glucose syrup, powdered sugar  |
| Prepared meals and dishes               | Meatballs in sauce with peas, Meat Ravioli in Egg Dough, bean stew   |
| Fatty foods                             | Olive oil, sunflower oil, butter, margarine, cream   |
| Acidic foods                            | Tomate sauce, wine vinegar, apple cider vinegar, lemon juice   |
| Beverages                               | Water, milk, fruit juices, beer, soy drinks, rice drinks, oat drinks, soft drinks  |

Table 2. Non-food samples tested for validation of GlutenTox Sticks Plus

| Group                  | Tested samples   |
|------------------------|--|
| Personal care products | Bath gel, shampoo, deodorant, toothpaste, mouthwash                                    |
| Cosmetics              | Creams (face, body and hands), cleanser, lip balm                                      |
| Others                 | Pet food (dry food, wet food), cleaning products, drugs (tablets, capsules and syrups) |

## 14. Intellectual property

The immunoreagents used in this kit are commercialized under the exclusive license for biological material from the Spanish National Research Council (CSIC).

## 15. References

1. SHAN L., et al.; "Structural basis for gluten intolerance in celiac sprue"; Science; 2002; 297: 2275-2279.
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4. SÍGLEZ M.A., et al.; "Método de detección de gluten en superficies"; Alimentaria; 2010; 411:67-70.

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Notes

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**Americas:**

**Hygiena Headquarters**

941 Avenida Acaso  
Camarillo, CA 93012  
1.805.388.8007

**Hygiena Canada**

2650 Meadowvale Blvd Unit 14  
Mississauga, Ontario L5N 6M5  
1.833.494.4362 (Toll-free) or  
1.416.686.7962

**Hygiena Mexico, S.A. de C.V.**

Calle 3 Anegas 409 Bodega 5, Col. Nueva Industrial  
Vallejo, Delegación Gustavo A. Madero, C.P. 07700,  
CDMX, México.  
+52 (55) 5281-4108 y 5281-4146

**International:**

**Hygiena International**

8, Woodshots Meadow  
Watford, Hertfordshire  
WD18 8YU, UK  
+44 (0)1923 818821

**Hygiena (Shanghai) Trading Co., Ltd.**

Rm.7K, No.518, Shangcheng Rd.  
Pudong New District  
Shanghai, China 200120  
+86 21 51321081, 51321077/8/9

**Hygiena Diagnóstica España S.L.**

P. I. Parque Plata, Calle Cañada Real 31-35,  
41900, Camas (Sevilla), Spain  
+34 954 08 12 76

[www.hygiena.com](http://www.hygiena.com)

[enquiries@hygiena.com](mailto:enquiries@hygiena.com)