

Get ready for lifesaving skills training

Here is a quick-guide to help you get ready for your training.

1

Install the QCPR Classroom app

Install the free QCPR Classroom app on your device Phone/tablet



Install the QCPR Classroom app to join an online CPR class and learn lifesaving skills through live feedback and more.



Joining virtual classes with QCPR Classroom

Here is a step by step guide to help you go through your training.

2

Join a class

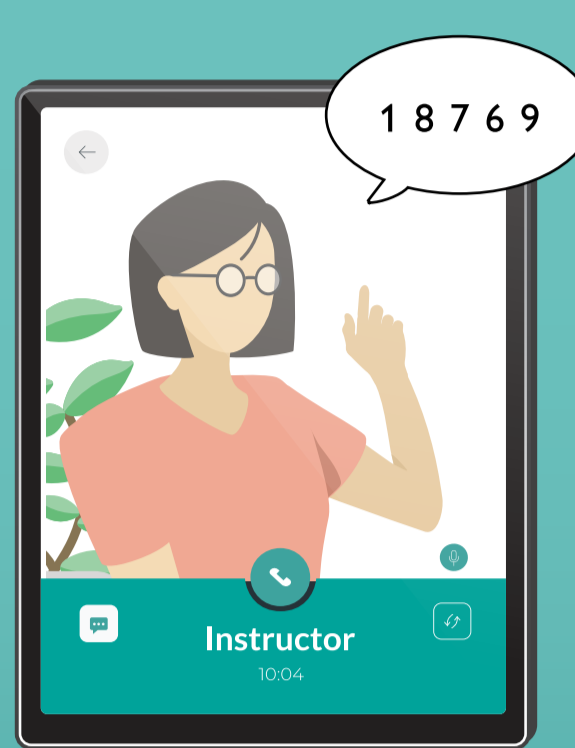
QCPR Classroom

After clicking I am a 'Learner', enter the Classroom code that your instructor shares with you during the class.

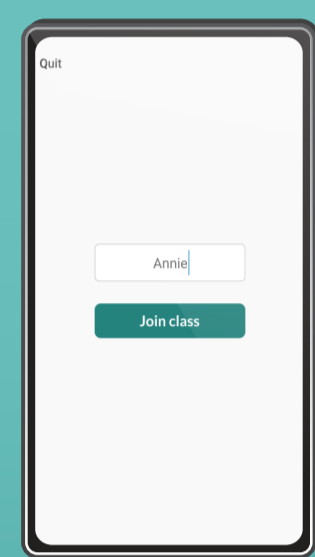
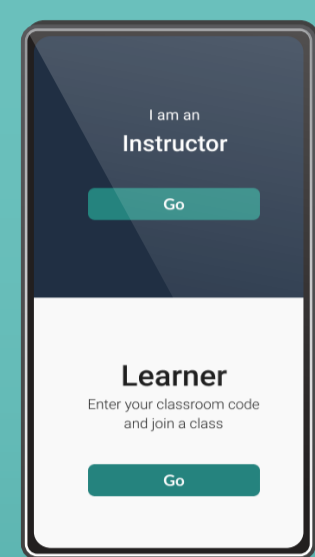
You will be able to join the class after typing your name.

Video call

Join your instructor's video conference on a separate device with a camera.



Video call



QCPR Classroom

Note

In case going to 'Instructor mode, you can go back to the home page via clicking 'Exit instructor mode' in settings: ⚙️

3

Select manikin

During the class you will receive feedback on your performance according to the manikin that is provided to you.

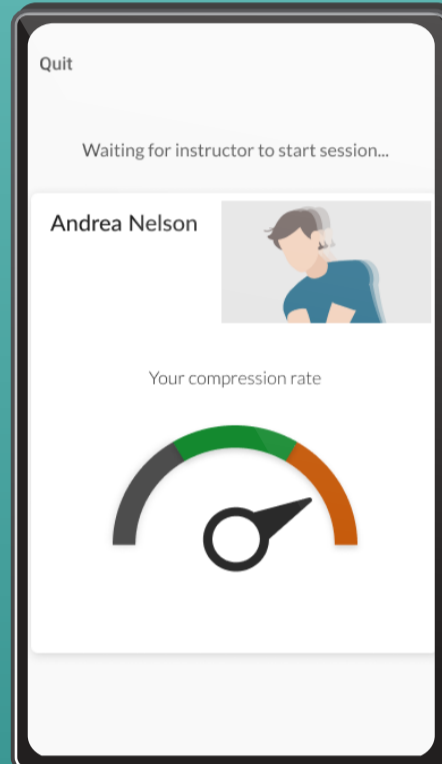
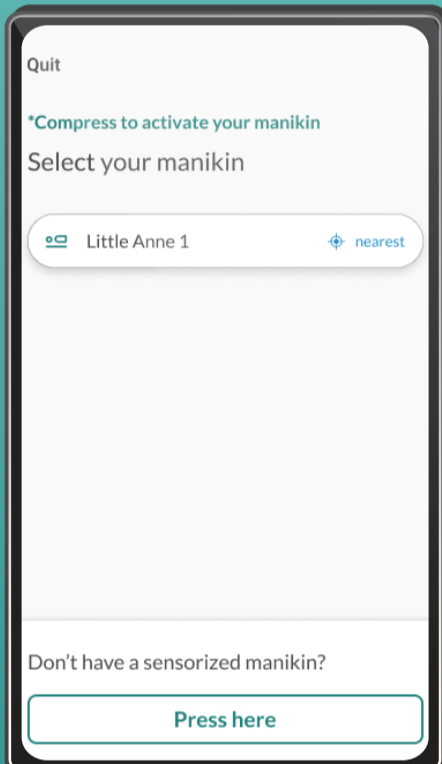
Laerdal QCPR Manikins

If you are training with a Laerdal QCPR manikin, compress to activate it and select from the list to be ready for training sessions.

Make sure to 'allow new bluetooth connections' in your device settings.

Other Manikins

If you have Mini Anne or any other type of manikin click the button "Press here" to use video compression rate feedback.



QCPR Manikin



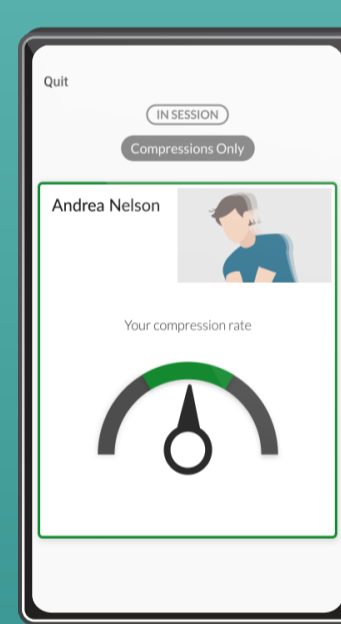
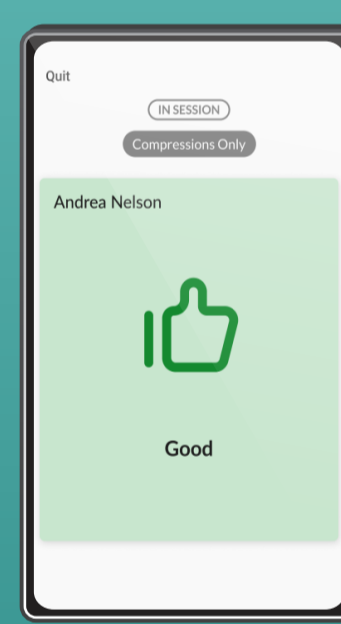
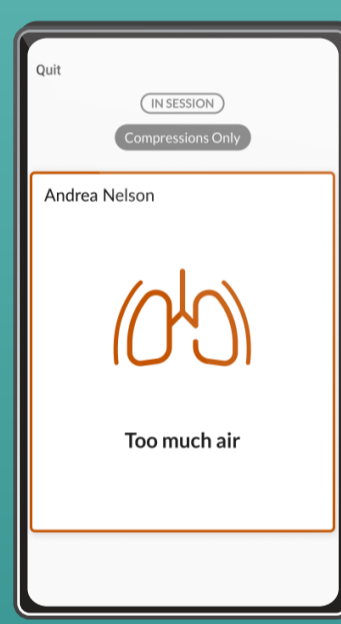
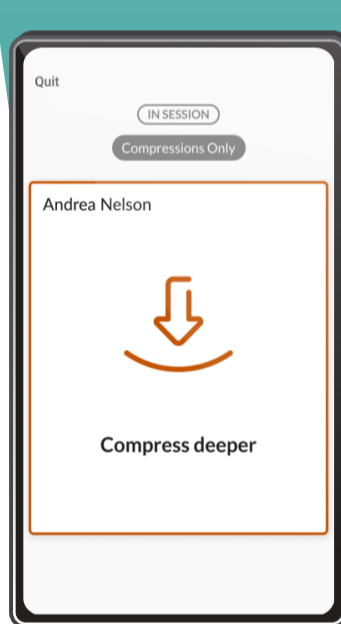
Other Manikins

4

Live Feedback & Results

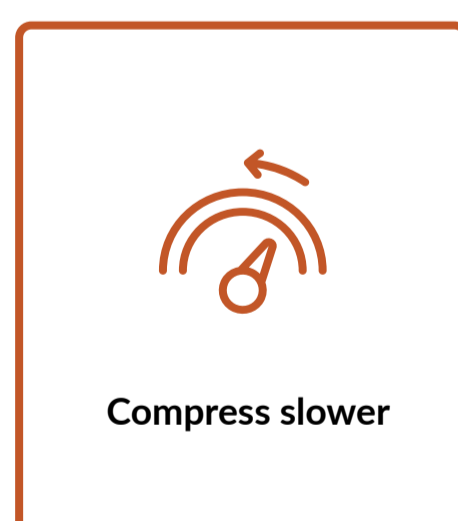
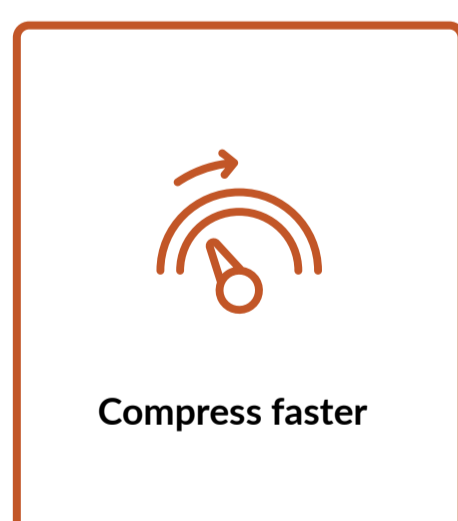
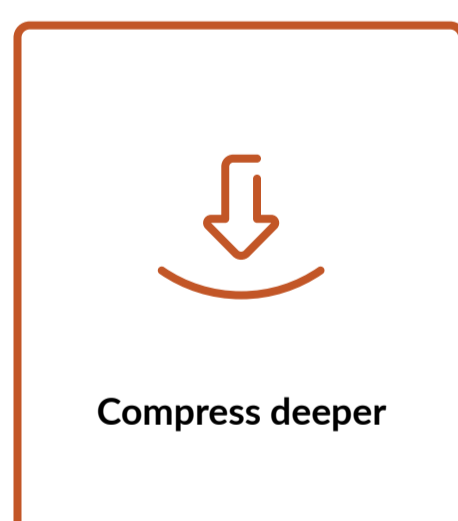
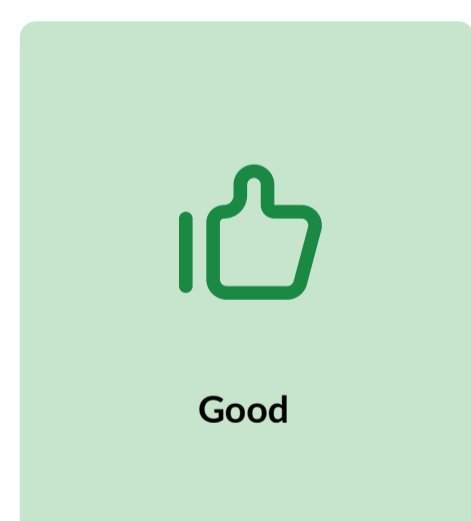
You will receive live feedback on your CPR performance. During session you can act upon your improvement tip and improve your skills.

You will get to see your CPR result in the end of the session where you can check your score and improvement tip for next session.



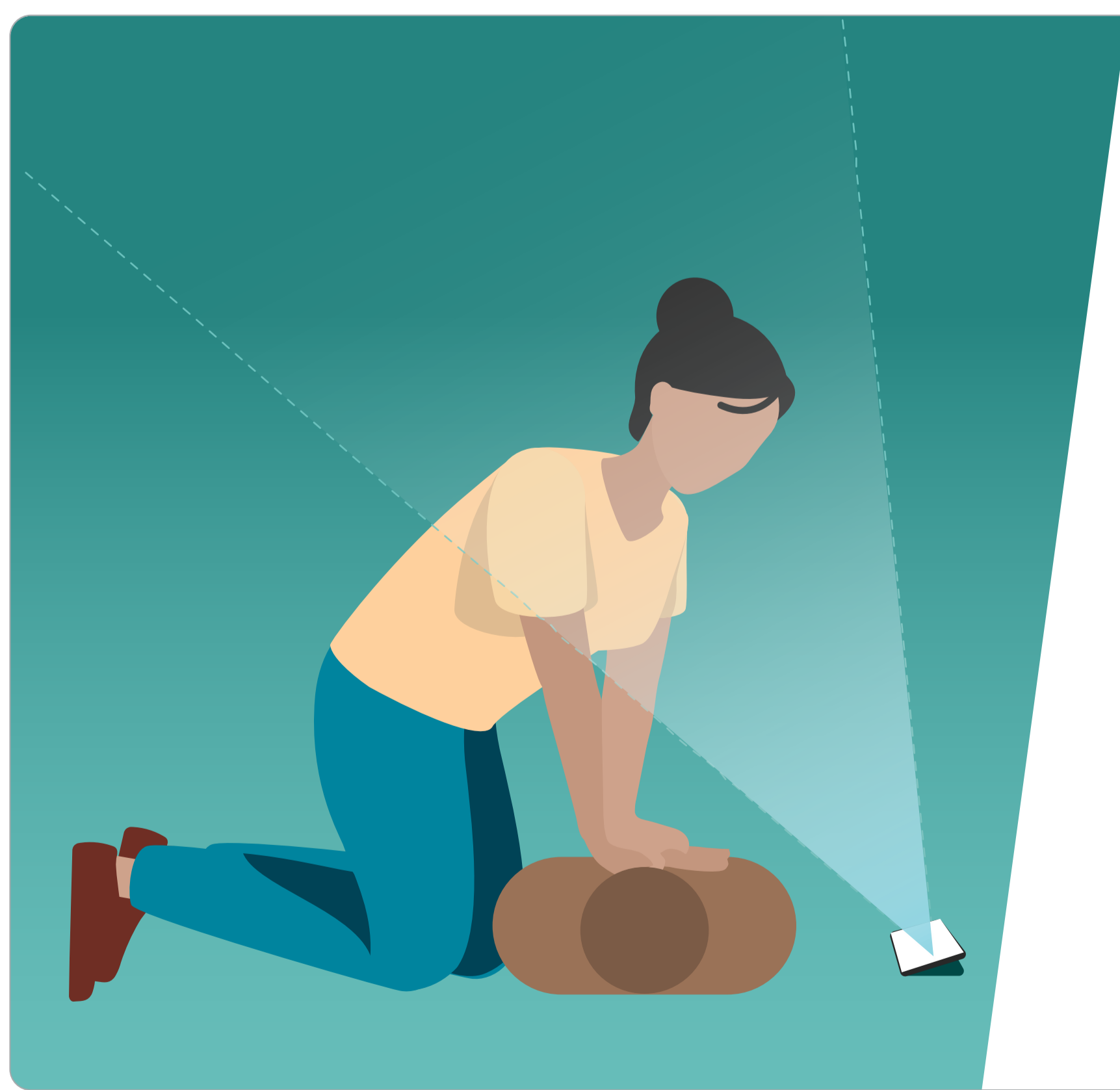
What does each feedback icon mean?

How to interpret the improvement tip on the CPR performance of learners.



Tips for the video call

Here are some setup tips on having your virtual classroom's via video call.



Placing the mobile device

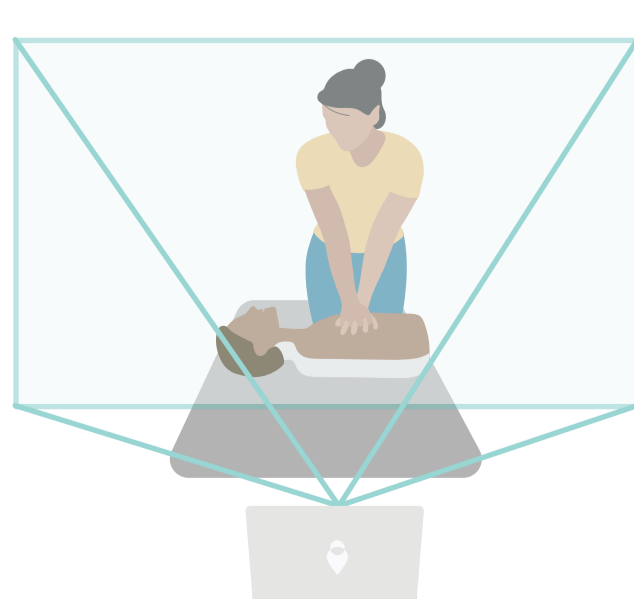
Place the device with the QCPR Classroom app just near the manikin to follow the feedback with ease.

During training with non-QCPR manikins

Make sure to place it on the other side of the manikin in a way so it can capture your movement to provide feedback on your compression rate.

Adjust the camera during video call

When instructors demonstrate to learners



Place yourself and the manikin within the video frame

During the skills demonstration, make sure the device you are using for the video call and the manikin on a flat surface and make sure that you and the manikin are visible in the video frame.



Enable/disable clicker

Clickers can be enabled or disabled via the push pull handle under Little Anne QCPR and Little Junior QCPR manikins



Wearing a headset during CPR practice

It can be challenging to maintain the headset during compressions and especially ventilations. If headsets are needed and can not stay in place, it's best to place them on the neck or elsewhere during skills sessions.