

## 24-HOUR NURSE ADVISOR

When you need immediate health care advice, call 24-Hour Nurse Advisor toll free at 877-836-0701. This service can help you avoid needless worry, out-of-pocket charges and hours sitting in an emergency room.



### When you call, a registered nurse will help you decide:

- ◆ If you can take care of the problem at home.
- ◆ If you need to see your doctor.
- ◆ If it is safe to wait or if you need to get help right away.
- ◆ What you should watch for if you don't need care right away.

In an emergency, call 911 or visit the nearest emergency room.

### You can also ask the nurse about:

- ◆ Questions you forgot to ask your doctor.
- ◆ The latest health information.
- ◆ Making important health care decisions.
- ◆ Your medicines or other treatments.

**877-836-0701**  
**24 Hours a Day**



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