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TOURS

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EXPERIENCE CUBA: CULTURE & COMMUNITY

9 days | Havana | Trinidad | Remedios

Immerse yourself in Cuban culture as you journey through the heart of the island. Begin in Havana, where you'll marvel at the city's iconic classic cars and explore historic Old Havana, founded in 1519. Adventure southeast to Trinidad, where you'll deeply engage with the local culture by interacting with farmers, getting into the rhythm of salsa dancing, and visiting the Bay of Pigs Museum. In Remedios, you'll have the unique chance to meet with local baseball players and learn about this beloved Cuban pastime.

EVERYTHING YOU GET:



Full-time Tour Director



Sightseeing: Comprehensive sightseeing of natural attractions



Entrances: Meaningful interactions through People-to-People activities



Personalized learning guide: Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.



All of the details are covered: Round-trip flights; comfortable motorcoach; 8 overnight stays in hotels with private bathrooms; 3 meals daily; dinner on arrival day; breakfast on departure day; ASISTUR Cuba medical insurance



Topes de Collantes



Trinidad

Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

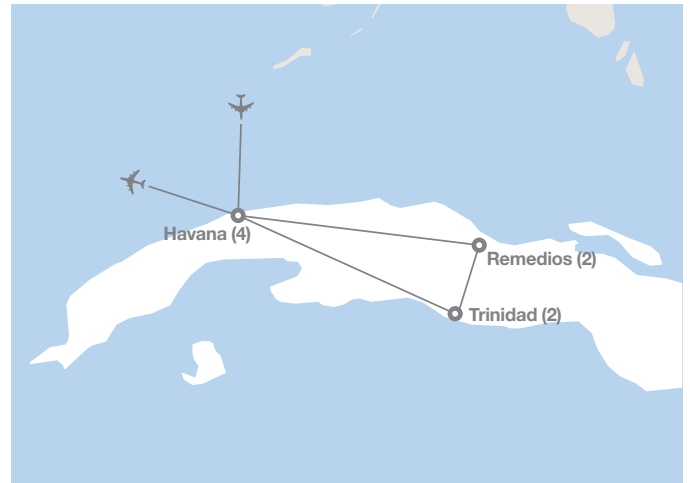
When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

– MELISSA, TRAVELER



Via Twitter



Learn from local coffee farmers



Palacio del Valle in Cienfuegos



Havana

CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at
eftours.com/

Your teacher's Tour Website

What you'll experience on your tour

Day 1: Fly to Cuba

- Hola and welcome to Havana, where you'll meet your Cuban Tour Director at the airport.

Day 2: Havana

- Enjoy sightseeing of Havana and stop at the Plaza de la Revolución.
- Meet expert auto mechanics at a restoration garage to learn about Cuba's famous car culture.
- Visit a community project in Callejon de Hamel, a narrow alley filled with bright, colorful murals and sculptures. Get a taste for Havana's local art as you explore this eccentric backdrop for musicians and rumba dancers.
- Engage in insightful conversations with locals at Arte Corte, a community project centered around a hair salon and barber school.
- Take a walking tour through the old town.

Day 3: Havana

- Visit the graffiti community project in the La Vibora neighborhood.
- See Castillo de los Tres Reyes del Morro, an old Spanish fortress that was built to protect Havana's harbor.
- Learn the game of dominoes, a beloved Cuban pastime, from a local champion.
- Visit the Fábrica de Arte, an art gallery inside a former cooking oil factory.
- Enjoy dinner in a Paladar, which is what Cubans call small, family-run restaurants.
- Watch local musicians perform songs inspired by Buena Vista Social Club, a group of Cuban musicians whose self-titled, 1997 debut album sold millions of copies around the world.

Day 4: Havana | Cienfuegos | Trinidad

- Travel via the Bay of Pigs to Cienfuegos.
- Spend the day exploring the infamous Bay of Pigs, and converse with local experts to learn about its historical significance.
- Visit the Museo Girón and feel echoes of the failed American-led invasion that took place on the beach. Learn more about Cuban history and Fidel Castro's regime during the Cold War.
- Continue on to Cienfuegos and take a walking tour of this bayside city.
- Visit the Teatro Tomás Terry, an eclectic and elegant theater located in the city's historical center.
- Wander around the decorative and neo-Gothic Palacio del Valle, built between 1913–1917.
- After arriving in Trinidad, meet and interact with a local artist to learn about their life, work, and inspiration.
- Learn how to salsa dance alongside local masters, and engage with the performers during a demonstration.

Day 5: Trinidad | Topes de Collantes

- Head north to Topes de Collantes for the day.
- Tour a coffee farm alongside local farmers. Talk about coffee production, as well as the unique struggles facing Cuban coffee farmers, as you walk the grounds together. Enjoy a tasting of fresh, home-roasted coffee.
- Visit the Casa Museo del Café and learn about the history of coffee cultivation and preparation.
- Speak with a local marine expert.
- Snorkel among the peaceful bay's well-preserved coral reefs and colorful marine life.
- See the escalinata of Casa de la Música, the famous steps outside a popular music venue.

Day 6: Trinidad | Sancti Spiritus | Remedios

- As you make your way to Remedios, visit Sancti Spiritus, one of the oldest European settlements in Cuba. Stop at the Manaca Iznaga watchtower and wander through its charming historic center.
- Continue on to Remedios and take a bicitaxi (bicycle-taxi) tour.

Day 7: Remedios | Caibarién

- Take an excursion to Caibarién.
- Learn about the sugar industry in Cuba at a former sugar mill.
- Visit an outdoor exhibit of old steam trains—you might even get to ride one.
- Take a walking tour of Caibarién.
- Travel back to Remedios where you'll visit the Museo de las Parrandas, which details the history of Las Parrandas, celebrated annually on December 24.
- Enjoy a lively conversation with local baseball coaches at the city's stadium to learn about the importance of the sport in Cuba.
- Enjoy dinner in a Paladar.

Day 8: Remedios | Santa Clara | Havana

- Travel to Havana via Santa Clara, a city known for its vast green spaces and traditional dance venues, to visit revolutionary landmarks and get a taste of local music and culture.
- Take a guided tour of Santa Clara.
- Discuss Cuba's revolutionary history at the Che Guevara Mausoleum.
- Take in a traditional trova music performance and engage with the musicians.
- Enjoy a farewell dinner in Old Havana.
- Watch a dance performance by Havana Queens, a local dance company.

Day 9: Depart for home

People-to-People

EF Educational Tours is pleased to offer educational and cultural exchanges to Cuba. EF qualifies for the People-to-People general license established by the Office of Foreign Assets Control of the U.S. Department of the Treasury ("OFAC"). Under this license, EF will offer educational and cultural exchanges and conversations with the people of Cuba. *The itinerary is subject to availability*, but a complete People-to-People itinerary will always be maintained.

TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. _____
2. _____
3. _____

— The easiest ways to —

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Cambridge, MA 02141

My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.

—CHARLOTTE, PARENT OF TRAVELER

“ Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 55 years, EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited, just like your school**, so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.



Education First