



EDUCATIONAL
TOURS

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This is also your tour number

ISLANDS OF THE SOUTH PACIFIC

14 days | Rarotonga | Auckland | Hokianga | Paihia | Nadi

The Cook Islands, New Zealand, and Fiji may share an ocean, but each of these South Pacific countries exhibits its own distinct geological wonders and rich local cultures. Discover marine life while snorkeling in Rarotonga, learn about student life by connecting with local students at a Māori *marae*, and relax on the breathtaking beaches of Fiji—all while gaining an extraordinary understanding of the many Indigenous ways of life in this region of the world.

EVERYTHING YOU GET:

-  **Full-time Tour Director**
-  **Sightseeing:** 2 sightseeing tours led by licensed local guides
-  **Entrances:** Lei greeting; Rarotonga community visit; Rarotonga school visit; Rarotonga snorkeling; Kawiti Glowworm Caves; Footprints of Kupe tour; Hokianga local exchange; Māori *marae*; Waitangi Treaty Grounds and Museum and Māori cultural performance; *hāngi* dinner; All Blacks Experience rugby showcase; Wētā Workshop Unleashed and craft workshop; Tivua snorkeling; Nayawa community visit; beach cleanup
-  **Personalized learning guide:** Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.
-   **All of the details are covered:** Round-trip flights on major carriers; comfortable motorcoach; 2 internal flights; 10 overnight stays in hotels with private bathrooms; dinner on arrival day; breakfast and dinner on Days 4-13; lunch on Days 4, 5, and 12; breakfast on departure day
-  

Māori cultural performance



Nadi Beach



Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

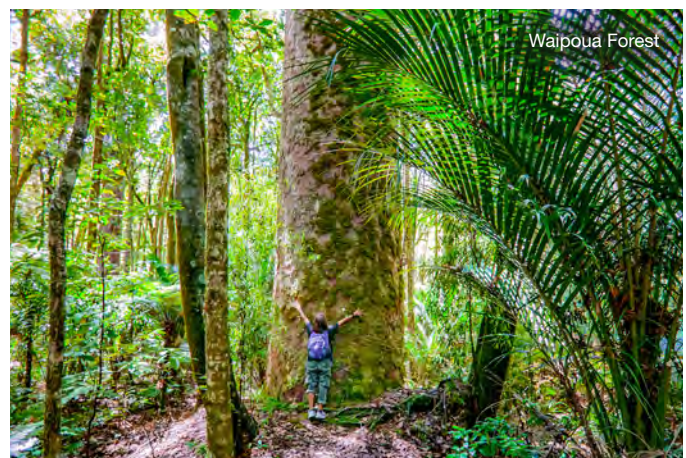
– MELISSA, TRAVELER



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at eftours.com/

Your teacher's Tour Website



What you'll experience on your tour

Days 1–2: Fly to the Cook Islands

- Cross the International Date Line.

Day 3: Rarotonga

- Meet your Tour Director at the airport in Rarotonga, the largest of the South Pacific's remote Cook Islands.
- Enjoy a lei greeting at the airport.
- Take a sightseeing tour of the island with an expert local guide followed by free time to relax on the beach.

Day 4: Rarotonga

- Get to know the culture and traditions of Rarotonga's residents during a Cook Island community visit.
- Learn about the ecology of the island with an expert local guide. Then help prepare and enjoy lunch with local community members.
- Visit a school for an up-close look at daily life for young island locals.

Day 5: Rarotonga | Auckland

- Go snorkeling for an up-close look at colorful fish and coral.
- Fly to Auckland, a large harbor city in New Zealand, and cross back over the International Date Line on the way.

Day 6: Auckland

- Explore Auckland on your own or [take a day trip to Waiheke Island for tree-planting and ziplining experiences.](#)

Day 7: Auckland | Hokianga

- Travel to Hokianga, one of the earliest settlements of the Māori people in New Zealand, and home to some of the most picturesque landscapes in the world.
- Visit the Kawiti Glowworm Caves and marvel at the thousands of glowing worms spread across the limestone ceiling as you learn about their life cycles and intricate webs.
- Take a twilight walking tour through the magnificent Waipoua Forest.

Day 8: Hokianga | Paihia

- Embark on the *Footprints of Kupe* tour, a multi-sensory journey of guided storytelling, to learn more about New Zealand's famed ancestor.
- Visit a *marae*, a Māori meeting house used for important tribal events like celebrations and funerals, where you'll connect with local Māori students.
- Travel to Paihia, the main hub of the Bay of Islands.

Day 9: Paihia

- Explore Paihia on your own or [cruise around the Bay of Islands on the lookout for dolphins.](#)
- Take a guided tour of the Waitangi Treaty Grounds and Museum, an important site in both British and Māori history. Later, you'll enjoy a traditional *hāngī* dinner, complete with a Māori song and dance performance.

Day 10: Paihia | Auckland

- Travel back to Auckland.
- Visit the All Blacks Experience rugby showcase. Learn the history of the sport and even test your skills firsthand.
- Take part in Wētā Workshop Unleashed, an immersive journey into the world of horror, fantasy, and sci-fi filmmaking followed by a hands-on crafting workshop.

Day 11: Auckland | Nadi

- Fly from Auckland to Nadi, one of the largest towns on Fiji's main island of Viti Levu.
- Enjoy free time on the wide stretch of sand at Nadi Beach or dive in for swimming and body surfing in the waters of Natadola Beach.

Day 12: Nadi

- Take a boat out with Fijian sailors and sing along to traditional sea shanties on your way to Tivua Island for snorkeling.
- Visit the Nayawa village and spend the day learning from the local community.

Day 13: Nadi | Depart for home

- Volunteer with Nadi community members to help clean up the local beaches.
- Board your flight home.

Day 14: Arrive home

I was immersed into new cultures and ways of life in New Zealand.

– JESSICA, TRAVELER



Via Facebook

The overall experience was amazing. I went on this trip just to have fun, but I also learned so much about the places I visited. I learned more on this trip than I ever had in history class. This trip showed me that I could travel, whereas before I thought I couldn't. If I could give any advice to people thinking about doing an EF Tour, I would say do it! It was the most amazing experience I have ever had.

– ANNMARIE, TRAVELER



Tour Review

TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. _____
2. _____
3. _____

— The easiest ways to —
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800-665-5364



Enroll by mail
EF Educational Tours
Two Education Circle
Cambridge, MA 02141

My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.

—CHARLOTTE, PARENT OF TRAVELER

“ Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 55 years, EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited, just like your school**, so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.



Education First