



EXPLORE
AMERICA

LANGUAGE AND CULTURE IN QUÉBEC

6 days | Montréal | Québec City | Beaupré Coast



Day 1: Montréal

- Arrive in Montréal
- Take a walking tour of Old Montréal including the Underground City, and Chinatown
- Enjoy free time to explore Mont Royal
- Enjoy an evening activity

Day 2: Montréal

- Take a guided sightseeing tour with a Montréal local where you'll get an inside look at daily life, try local French phrases, and understand how the city's culture compares to the U.S
- Visit the Notre-Dame Basilica
- Talk with Montrealers as you explore a local market
- Learn about Montréal street art culture at Café Graffiti
- Enjoy a dinner with your group in Old Montréal
- Meet the ghosts of local historical figures on a Ghost Hunt in Old Montréal

Day 3: Montréal | Québec City

- Practice your French at an improv game show
- Travel to Québec City and discover a UNESCO World Heritage site
- Tour a fromagerie, or cheese factory, and learn how poutine cheese curds are made
- Take a guided tour of Québec City where you'll see the streets of the Old City, Petit Champlain Street, Château Frontenac, Dufferin Terrace, and Upper Town

BONJOUR, MONTRÉAL AND QUÉBEC

Get comfortable with French as you mingle with locals and learn about Québécois and Montréalais culture in Canada. Discover the unique language and traditions of French-Canada as you walk along the cobblestone streets of Montréal and discover the European architecture of Québec City. C'est tiguidou!



🔗 **Customize this tour** by adding optional activities or extending your experience.

AN INSIDER VIEW OF FRENCH CANADA

“Our tour was fantastic! My students were able to enjoy a wonderful cultural experience that was both truly educational and fun! Our Tour Director was extremely knowledgeable and professional. He really made our tour something special with his attention to detail and his sincere interest and love for Québec culture and history.”

– Michele, Group Leader



Day 4: Québec City | Beaupré Coast

- Take an excursion to the Beaupré Coast, one of Québec's stunning riverside towns
- Visit the Basilica of Sainte-Anne-de-Beaupré
- Visit one of Québec's educational Economuseums
- Visit Montmorency Falls, a 270-foot waterfall that's almost 100 feet higher than Niagara Falls
- Perform a legendary folk tale in French during a costume workshop

Day 5: Québec City

- Dive into Québec City's history with a virtual reality activity
- Explore Rue Saint-Jean, the gateway to Old Québec
- Visit the Musée National Des Beaux Arts
- + Take a Québec City Bike Tour and pedal by some of the city's most wellknown sights (*May to October*)
- + Experience Canadian culture, history, and nature—all at once—as you snowshoe across the Plains of Abraham (*November to April*)
- Enjoy dinner at a traditional sugar shack

Day 6: Montréal | Return home

- Travel to Montréal
- Depart for home

Itinerary subject to change. For complete financial and registration details, please refer to the Booking Conditions.

SUGAR SHACK: A TASTE OF FRENCH CANADA

Get up close and personal with a staple of Canadian culture—maple syrup. Visit a traditional Canadian sugar shack, where you'll learn how maple syrup is harvested from maple trees and made into a variety of products, each more delicious than the last. Enjoy a traditional dinner while you're there to get the full Canadian experience.



Your experience includes

- Round-trip and on-tour transportation
- 5 nights hotel accommodations
- Full-time Tour Director
- Breakfast and dinner daily
- Comprehensive sightseeing tours
- Visits to special attractions
- Overnight security at your hotel
- Illness and Accident Coverage
- Travel ID Badges and backpacks
- All gratuities

Options

- Lunches
- Earned credit for Group Leaders and students