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TOURS

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This is also your tour number

# ADVENTURE IN BELIZE

7 or 8 days | Belize City | Cayo region | The Cayes

Belize is Central America's eco-frontier, a young nation with ancient roots that welcomes you with diverse ecosystems and wildlife, as well as different languages and cultures. Discover the mysteries of the Mayan civilization, zipline through lush jungles, and snorkel in the crystal-clear Caribbean.

## EVERYTHING YOU GET:

-  **Full-time Tour Director**
-  **Sightseeing:** 1 sightseeing tour led by an expert, licensed local guide
-  **Entrances:** Old Sugar Mill; Lamanai Ruins; cave tubing; ziplining adventure; jungle "survival" experience; Xunantunich Ruins; Chaa Creek Natural History Center; local exchange; Belize Zoo; snorkeling
-  **Personalized learning guide:** Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.
-   **All of the details are covered:** Round-trip flights on major carriers; comfortable motorcoach; boat; 6 overnight stays in hotels (7 with extension); 3 meals daily (Days 2-6 and Day 7 with extension); dinner on arrival day; breakfast on departure day
-  



Anyone can see the world.

# YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

*@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday*

– MELISSA, TRAVELER



**CHECK OUT WHAT A TOUR IS ALL ABOUT**

Watch the videos at [eftours.com/](http://eftours.com/)

Your teacher's Tour Website



*This tour may be reversed*



Learn from your Tour Director and expert local guides



## What you'll experience on your tour

### Day 1: Fly to Belize

- Meet your Tour Director at the airport.

### Day 2: Belize City | Lamanai

- Travel by boat to the New River Lagoon.
- Visit the Old Sugar Mill.
- Take an expert-led tour of the Lamanai Ruins. Named after Mayan ruler Lord Smoking Shell, who believed he was a descendant of the crocodile spirit, the name “Lamanai” means “submerged crocodile.” As a result, you’ll come across a number of crocodile carvings (and even some real crocodiles in the lagoon) as you explore these ruins, which date back as far as 1500 B.C. View three large pyramids, residential areas, open plazas, and a ball court. Make sure to check out the view from the High Temple, which looks out over the treetops, and the Mask Temple, where tall stone faces are carved into the sides of the structure.

### Day 3: Belize City | Cayo region

- Travel to the Cayo region.
- Experience tropical wildlife and float in tubes through hidden caves that contain remnants of sacrificial offerings from the Mayan era.
- Enjoy lunch at Caves Branch Outpost.
- Experience the thrill of a ziplining adventure through the Belize canopy. (*Participants must weigh less than 200 lbs.*)
- See if you have what it takes to make it in the jungle. Local guides will teach you jungle “survival” skills, like how to make a fire, find water, and treat injuries.

### Day 4: Cayo region | Xunantunich

- Explore the Xunantunich Ruins.
- Participate in a cultural exchange with locals.
- Visit the Chaa Creek Natural History Center or [take a jungle night hike](#).

### Day 5: Cayo region | The Cayes

- Visit the Belize Zoo.
- Travel by ferry to the Cayes.

### Day 6: The Cayes

- Snorkel at Hol Chan, the first marine reserve established in Central America.
- Enjoy a free afternoon in the Cayes.

### Day 7: Depart for home

- Return by ferry to Belize City.
- Depart for your flight home.

### [1-DAY TOUR EXTENSION](#)

#### Day 7: The Cayes

- Enjoy a free day in The Cayes or [go snorkeling in the Coral Gardens](#).

#### Day 8: Depart for home

- Return by ferry to Belize City.
- Depart for your flight home.

*Too awesome for words. Can't put a price on an experience like that. I absolutely loved every second of Belize!*

– RICHARD, STUDENT

 Tour review

## TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

— The easiest ways to —

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EF Educational Tours  
Two Education Circle  
Cambridge, MA 02141

*My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.*

—CHARLOTTE, PARENT OF TRAVELER

“ Tour review

## THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 55 years, EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited, just like your school**, so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.



Education First