



EDUCATIONAL
TOURS

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


This is also your tour number

CONSERVATION IN COSTA RICA

9 days | San José | Central Pacific Coast | Arenal region

In order to protect their home, community members of Palo Seco must continue to replant mangrove trees to keep their coastline stable. This tour offers students a firsthand learning experience into stabilizing ecosystems through the efforts of community farming. They'll also discover the biodiversity of this beautiful country from every angle with visits to hot springs, hiking to La Fortuna Waterfall, and more.

YOUR EXPERIENCE INCLUDES:

-  **Full-time Tour Director**
-  **Sightseeing:** Comprehensive sightseeing of natural attractions
-  **Entrances:** Crocodile farm; conservation project at Playa Palo Seco; Manuel Antonio National Park; Arenal hot springs; ziplining; local exchange; kayaking; La Fortuna Waterfall; coffee farm; folklore evening
-  **Personalized learning guide:** Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.
-   **All of the details are covered:** Round-trip flights on major carriers; comfortable motorcoach; 8 overnight stays in hotels with private bathrooms; 3 meals daily (Days 2–8); dinner on arrival day; breakfast on departure day
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Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

– MELISSA, TRAVELER



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at eftours.com/

Your teacher's Tour Website

What you'll experience on your tour

Day 1: Fly to Costa Rica

- Meet your Tour Director at the airport.

Day 2: San José | Central Pacific Coast

- Travel to Playa Palo Seco.
- Conservation project activities: Introduction to project; overview of methodologies and working plan.

Day 3: Central Pacific Coast

- Conservation project activities: Take a tour of mangroves and protected areas; collect seeds; clean and condition selected areas; measure and demark the working terrain; select vegetal material to be used.

Day 4: Central Pacific Coast

- Visit Manuel Antonio National Park, a protected area along the coastline known for its stunning beaches, diverse wildlife, and lush rainforests.

Day 5: Arenal region

- Travel to the Arenal region and get ready for an adventure to remember. Behold the perfect conical shape that emerges from the green hills of Alajuela: this is the fascinating Arenal Volcano. Overlooking the San Carlos Plain and the Pacific lowlands, this mile-high volcano has been active for the past 7,000 years. You'll see the volcano from a different angle on your kayaking excursion. Not only does the volcano serve as a watershed for the lake, but it also provides thermal energy for the nearby hot springs.
- Visit a crocodile farm.
- Visit the Arenal hot springs.

Day 6: Arenal region

- Experience the thrill of a ziplining adventure through the Costa Rican canopy. (*Participants must weigh less than 200 lbs.*)
- Participate in a local exchange.

Day 7: Arenal region

- Enjoy a kayaking trip on Lake Arenal.
- Visit La Fortuna Waterfall.

Day 8: Arenal region | San José

- Return to San José.
- Take a tour of a coffee farm.
- Enjoy a folklore evening.

Day 9: Depart for home

I recently returned from Costa Rica and it was awesome! EF is a great support for teachers who want to take students abroad. The Costa Rica tour included an excellent mix of excursions that were adventurous, fun, and educational! A great trip!

– JENNA, GROUP LEADER



Costa Rica was absolutely amazing! It truly was a great adventure. Our tour director was fantastic beyond words. She was so personable, and her knowledge of Costa Rica's history, culture, and flora and fauna was incredibly remarkable.

– KRISTEN, TRAVELER



TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. _____
2. _____
3. _____

— The easiest ways to —
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Enroll by mail
EF Educational Tours
Two Education Circle
Cambridge, MA 02141

My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.

—CHARLOTTE, PARENT OF TRAVELER

“ Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 55 years, EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited, just like your school**, so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.

