



EDUCATIONAL
TOURS

CAREER-READINESS TOUR

Exploring Health Sciences in the Dominican Republic

8 DAYS

Embark on a journey into the heart of healthcare in the Dominican Republic. This career-focused tour offers an unparalleled opportunity for students to explore the multifaceted world of health sciences. Through hands-on workshops and direct engagement with local medical professionals, students will gain a deep understanding of public health challenges and solutions. From exploring historic Santo Domingo to connecting with community health initiatives, this tour blends medical insights with rich cultural immersion and prepares students for a future in the global healthcare field.

WHAT'S INCLUDED



Experiential learning that builds career readiness skills



Full-time Tour Director who's with you every step of the way



All transportation, including round-trip flights



Daily breakfast, lunch, and dinner featuring regional cuisine



7 overnight stays in a hotel with private bathrooms



1 expert-led sightseeing tour in an iconic destination



13 tickets to bucket-list experiences and attractions



The option for students to receive academic credit



eftours.com/

YOUR TOUR NUMBER



Santo Domingo

Days 1–8

Blending traditional charm and modern flair, this capital city is a living museum that boasts historical fortresses, centuries-old architecture, and vibrant gastronomy.

DAY TRIP

Isla Catalina

**This tour may be reversed*

Take in this tour's highlights

Santo Domingo

Embark on a guided tour and see Catedral de Santa María la Menor, the oldest existing cathedral in the Americas, and the colonial-era Ozama Fortress.

Explore the Alcázar de Colón, the first fortified European palace that was built in the Americas and the former residence of Christopher Columbus's son.

Learn about the Indigenous Taíno people who inhabited the island long before European arrival at the Museo del Hombre Dominicano.

CAREER READINESS Gain perspective on the evolution of medicine in the Caribbean during a presentation on the history of Dominican healthcare. You'll learn about the blend of Taíno, African, and European traditions that have shaped the country's medical practices.

Delve into the complexities of community healthcare during a workshop on public health in the Dominican Republic. This session will illuminate the challenges faced by vulnerable communities and the innovative strategies currently being implemented to improve healthcare access.

Participate in an interactive workshop focused on medical home visits to gain training in home-based care, basic interviewing skills, and health promotion techniques.

Visit a local clinic or hospital to learn about patient care and engage in a Q&A session with doctors, nurses, or medical students. Gain unique and valuable insights into healthcare systems and potential career paths.

Santo Domingo (cont.) Connect with the island's Indigenous roots on an ecotour to a Taíno cave, where you'll dive deeper into the history and culture of the Taíno people, the original inhabitants of Hispaniola.

Explore the natural environment that sustained them and gain a greater appreciation for the Dominican Republic's rich cultural heritage.

Participate in a cultural exchange by connecting with local youth through playing games, sports, or music together.

Engage in a discussion on hygiene and access to clean water, exploring local challenges and community-led efforts to improve public health.

CAREER READINESS Explore the world of traditional medicine through a Q&A session with a local practitioner. Discover holistic healing techniques, including the use of medicinal plants, that have been passed down through generations.

Build confidence and practical skills during a hands-on first aid workshop led by a medical professional, where you'll practice techniques like taking vitals and basic wound care.

During a day trip to the tropical Isla Catalina, you'll enjoy a scenic boat ride and an afternoon of snorkeling around the coral reefs.

