



**Capital:** Accra  
**Dialing code:** +233  
**Language:** English  
**Population:** 35 Million  
**Drives on the:** Left  
**Currency:** Ghanaian cedi



# Ghana Information

## Travel documents

U.S. citizens traveling to Ghana must have a passport that is valid for six months after their expected return date. Please check [travel.state.gov](https://travel.state.gov) to confirm passport validity requirements prior to your tour. Travelers must apply for a single-entry tourist visa in order to enter Ghana. Visit [ghanaembassydc.org/visa](https://ghanaembassydc.org/visa) for application details. Citizens of all other countries should contact their appropriate embassies to find out what specific documentation is required for them to travel. For a list of embassies, visit [embassy.org](https://embassy.org).

## Vaccinations and health precautions

Travelers must show proof of yellow fever vaccination upon arrival Ghana. For the most up to-date information on vaccinations and other health requirements, we recommend checking [cdc.gov](https://cdc.gov) or consulting your physician.

## Tour Director and bus drivers

You will have the same Tour Director for the duration of your tour. Your Tour Director will inform you before departure if they will be picking you up at the airport or if a transfer Tour Director will meet you there. You may have multiple bus drivers while on tour, so please consider tipping your bus driver on a daily basis.

## Transportation

Tours to Ghana will rely on bus transfers. Buses are new and air conditioned, and long transfers will be broken up with stops to rest or explore along the way.

## Tipping

It's customary to tip on tour as a token of appreciation at the end of the tour. We recommend:

- \$6–8 per person per day for your Tour Director
- \$3 per person per day for your bus driver
- \$1 per person per lunch and dinner

We encourage Group Leaders to try to collect all tip money from their travelers before departing for tour. To keep tips organized, we recommend using the envelopes from your Departure Kit. For larger groups, feel free to divvy up the money between chaperones. It is preferable for tips to be given in the local currency of your destination, especially for local guides. You can ask your travelers to convert their U.S. dollars before you collect tip money, or you can exchange the money yourself into local currency (either in the U.S. or when you arrive abroad). If you have any questions on tipping, please reach out to your EF Travel Team.

## Currency

Ghana's currency is the cedi (GHS). Visit [xe.com](http://xe.com) for current exchange rates. Credit card acceptance is limited outside urban areas, and phone lines for transactions can be slow, which may cause delays, so cash is encouraged at all times. Traveler's checks are not recommended. Be sure to inform your local bank of your travel plans prior to your departure.

## Accommodations

Accommodations will vary between hotels and lodges and include the amenities you would expect, such as showers, toilets, fresh linens, towels, and possibly air conditioning. Each hotel will either have screened windows/doors or will provide mosquito nets.

Travelers should pack a DEET-based insect repellent. Students under the age of 20 will share rooms with two or three other travelers of the same gender. Rooms will have single or shared double beds, or a combination of the two. Adults will share twin rooms with other adults of the same gender. Please note that groups may not always be roomed next to each other (some may be on different floors) and hotels may be located outside of the city center. Please contact your EF Travel Team if you'd like a list of sample hotels.

Ghana has a standard electric voltage of 230V. Ghana utilizes type D and type G power plugs. Type D has three round pins in a triangular pattern, and type G has three flat pins in a triangular pattern. Travelers should bring the appropriate adapters.

## Bathrooms

In cities, many private homes lack individual toilets, so public restrooms are commonly used. Because of this, lines for these facilities can be quite long and the facilities may not always be well-maintained.

## Phones and internet

If you plan to use your personal cell phone on tour, contact your wireless provider to see what fees you may incur for calling, texting, or using data abroad. International phone cards are also easy to find, and your Tour Director can help you locate places to buy them.

Wi-Fi is not available at all hotels in Ghana, and when it is available, there is often a fee. Expect weak Wi-Fi in most areas.

## Local food

Travelers should not drink the tap water in Ghana and should only drink water from presealed containers. Bottled water is available for purchase everywhere for \$1–2.

Meals are often served buffet-style. Breakfast is included daily, and will likely feature pancakes, fruit, cereal, toast, juice, and coffee. Some dinners are also included, and you should plan to budget \$8–10 per day for lunch. Lunches and dinners will consist of salads, soups, and a mixture of vegetarian, beef, goat, chicken, or fish. Options are available for vegetarians or travelers with allergies, but they may be limited based on availability.

Common Ghanaian dishes include stews, rice and beans, meat, plantains, and vegetables such as onions, tomatoes, and peppers. Ghanaian cuisine is often seasoned with garlic, cayenne pepper, ginger, and curry powder. Some Ghanaian foods are meant to be eaten by hand. When not using utensils, only the right hand should be used for eating, as the left hand is considered "unclean" in Ghanaian culture.

## Safety

Travelers will be staying in accommodations located in reliable and security-conscious areas. Always inform your Tour Director if you need to break away from the group at any point. Store valuables in hotel safe deposit boxes and refrain from carrying large sums of money or wearing valuable jewelry. Please be sure to read EF's *Travel & Safety Guide* before going on tour.

## Weather

Ghana experiences a tropical climate, with temperatures ranging from 70°F to 100°F or higher. The wet season runs from April to June, with a slight reprieve in July and August, and then again from September to November, while the dry season lasts from December to March. Coastal areas, such as Accra, are characterized by high humidity. Check [weather.com](http://weather.com) for your destinations and travel periods.

## Packing

Pack as lightly as possible, as you are expected to carry your own luggage on and off buses and into hotels. Bring comfortable clothing appropriate for hot weather, including lightweight fabrics like cotton and linen. Additionally, ensure your attire is modest—always covering your shoulders and knees — and opting for looser-fitting garments. If traveling during the rainy season, bring quick-dry clothing and rain gear such as a rain jacket, water resistant shoes, and an umbrella. Other essential items include sunscreen, sunglasses, DEET-based insect repellent, a flashlight, and stomach-soothing medications such as Pepto-Bismol. Anti-malarial medication is also recommended.

## Luggage

We strongly recommend travelers bring one piece of carryon luggage and one personal item with them to Ghana. **Please contact your airline for additional baggage restrictions and regulations.**

## Additional information

English is Ghana's official language. It is widely and fluently spoken, but you may also encounter various local languages.