



TOURS FOR GIRLS

SERVICE LEARNING TOUR

# Machu Picchu, the Amazon & Empowerment through Service

11 DAYS

Go on an unforgettable adventure with your group. Travelers on this EF Tours for Girls trip in Peru will immerse themselves in the nation's rich history in Lima, then experience two incredible cultural sites through a guided boat tour in the Amazon and an expert-led tour of Machu Picchu. While taking in a blend of Peruvian history, culture, and natural beauty, your group will also help uplift local women and their communities with a service project that supports economic sustainability, local agriculture, or access to education.



WHAT'S INCLUDED



8–10 hours of meaningful service projects



9 overnight stays in hotels with private bathrooms



Full-time Tour Director who's with you every step of the way



3 expert-led sightseeing tours and 2 walking tours in iconic destinations



All transportation, including round-trip and internal flights



6 tickets to bucket-list experiences and attractions



5 breakfasts, 3 lunches, and 5 dinners featuring regional cuisine



The option for students to receive academic credit

Dinner on Day 1 is not provided for groups who arrive after 8pm



[eftours.com/](http://eftours.com/)

YOUR TOUR NUMBER



# Take in this tour's highlights

## Lima

Join your expert guide on a walking tour of Peru's capital, exploring notable sites and immersing yourself in Lima's rich history and culture.

Visit the Larco Herrera Museum and view artifacts that span over 5,000 years of Peruvian history. Learn about the bond that existed between ancient societies and the natural world, and stroll through the beautiful prize-winning garden that surrounds the museum.

Visit the San Francisco Monastery, an architectural treasure. Dive deep into history by exploring the fascinating catacombs and the historical archive that contains documents dating back to early colonial years.

## Sacred Valley

**SERVICE** As communities evolve, so do their needs. That's why we work closely with local organizations to make sustainable contributions to the places we visit. Since service learning projects are determined closer to your actual tour date, here's what a typical day might look like:

Work with local community members on your 2-day service project.

Take part in cultural activities, celebrating local customs and traditions.

Reflect, discuss events as a group, and draw connections between the day's work and relevant global issues.

Gain insight into local craftsmanship and Peruvian pottery firsthand through a pottery workshop with world-renowned ceramicist Pablo Seminario and artist Marilú Behar. Design your own ceramic tiles with the guidance of their expert team.

Experience the breathtaking ancient Inca city, Machu Picchu, with your local guide. Learn about its architectural wonders and the ingenuity and skill of the Inca civilization.

## Cuzco

On the way to the capital of the ancient Inca empire, participate in a jewelry workshop with local youth. Channel your own artistic energy when you try your hand at creating unique jewelry pieces through traditional techniques.

Explore the bustling Pisac Market, known for selling regional produce and vibrant crafts.

## Iquitos

Take in the incredible natural wonders of the Amazon Jungle. Soak in the rich scenery, spot native wildlife, and enjoy cruising along the river on an unforgettable night boat tour.

Visit a local village and learn about their culture and traditions. Enrich your understanding of and appreciation for Indigenous communities as you build connections.

