



EDUCATIONAL
TOURS



LANGUAGE IMMERSION IN TOKYO

9 or 11 days

Live the language

To learn Japanese, it helps to fall in love with Japan. Our Language Immersion Tours make both happen by combining interactive lessons at our EF International Language School in Tokyo with authentic cultural experiences.

Each day has a theme—like food, art, or history—that connects the day's lesson to hands-on activities and conversations with locals. Your fluency expands along with your confidence and your passion for language. And through it all, your Language Immersion Program Director is by your side, supporting your language learning and highlighting every breakthrough moment.

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9 or 11 days / Tokyo

What you'll experience on your Language Immersion Tour

Each day in Tokyo is built around a **daily theme** that explores topics you can relate to—like food, art, and youth culture. You'll improve your Japanese skills and confidence as you discover a new appreciation for the local culture.

LANGUAGE LESSONS

You'll learn and practice vocabulary relevant to each day's theme during an accredited lesson at the EF International Language School in Tokyo. Taught by local language instructors, your classes are a chance to have conversations with fellow students as you prepare for each day's interactive activities.

CULTURAL ACTIVITIES

Learning how to create anime or prepare a Japanese meal adds authentic cultural richness to your language development. And your specially trained Language Immersion Program Director will be by your side, helping and encouraging the beginning learners while challenging the more advanced students.

INTERACTIONS WITH LOCALS

Conversing with locals over a home-cooked meal or during a karaoke night offers you an opportunity to put your new skills to use while learning more about the culture. With each conversation in Japanese, you will gain more confidence in your speaking and listening abilities.

> Learn the intricate Japanese art of origami on day 4



Japanese culture greets you at every turn on tour



On day 5, put your Japanese to the test at a local market



Experience the culture of Tokyo's Akihabara District on day 6



^ Participate in a traditional tea ceremony on day 3

DAY 1: FLY OVERNIGHT TO JAPAN

DAY 2: TOKYO

Welcome to Tokyo, capital of Japan since 1868. You're greeted at the airport by your specially trained Language Immersion Program Director, who will be with you throughout your tour. Tokyo, which translates to "East Capital," was originally a fishing village named Edo. The city has the most populous metropolitan area in the world, which helps explain why its rail system is the world's busiest. Meticulous public parks, giant electronics stores, and countless noodle shops are just a few of the reasons why Tokyo is often considered one of the world's most vibrant, unique, and extravagant cities.

DAY 3: TOKYO

- Take an expertly guided tour of Tokyo, including stops at the Ginza District, the Imperial Palace Plaza, and the Tokyo Metropolitan Government Building. You'll also take a tour through Shinjuku.
- Visit the Honda Welcome Center and see the world's most advanced humanoid robot.
- Enjoy a traditional Japanese tea ceremony, created for the nobility during Japan's medieval period. The tea ceremony became popular with Zen Buddhist monks and samurai warriors, who discovered that drinking tea improved meditation, health, and awareness. The *cha-no-yu* (hot water for tea) has four principles, including harmony, respect, purity, and tranquility.
- Take a walking tour of the Asakusa area and see the Tokyo Skytree and Asakusa Kannon Temple.

DAY 4: TOKYO

Today's Theme: Japanese Culture, Past and Present—Japan's culture is steeped in tradition—with a contemporary flare. Swords, dolls, tea ceremonies, ikebana, martial arts, origami, and geisha are all well-known symbols of the country's art and culture. As you'll learn, Tokyo is widely considered the cultural center of Japan, and is the location of numerous festivals and observances. This makes it the ideal setting for true cultural immersion.

- Practice your conversational Japanese in an interactive language lesson that focuses on Japan's cultural traditions.
- Visit the Meiji Shinto Shrine, dedicated to the deified spirits of Emperor Meiji and Empress Shoken, and explore the surrounding Shibuya District.
- Learn the secrets of art in Japan, a country whose art and culture are arguably more entwined than any other country in the world. Whether it is ikebana or origami, your art class will introduce you to beauty and harmony, seen with a Japanese perspective.

DAY 5: TOKYO

Today's Theme: Japanese Culinary

Traditions—Like most aspects of Japanese culture, the country's culinary traditions are rooted in history and spirituality. For centuries, Japanese cuisine has been known for the combination of staple foods, like rice and noodles, and other flavorful dishes, known as *okazu*. As you'll taste for yourself, Japan is also known for having high-quality ingredients and presentation, helping it to earn more Michelin stars than the rest of the world combined.

- Explore the Tsukiji Fish Market, the largest of its kind in the world.
- Practice food-related vocabulary in an interactive language lesson.
- Try your hand at preparing authentic Japanese foods during a cooking class.

DAY 6: TOKYO

Today's Theme: Japanese Art—The history of Japanese art spans more than 12 millennia. In that vast period of time, artists of Japan have produced artwork of all shapes, sizes, and influences. Today, Japan is well known not only for its origami and ikebana, but also for its ceramics, calligraphy, and the more modern manga and anime. No matter the medium, Japanese art tends to be characterized by aesthetic concepts that have been refined over the centuries, giving it both a unique identity and a symbolic significance.

- Master art-related terms while practicing your conversational Japanese in an interactive language lesson.
- Visit the Ghibli Museum, dedicated to the art and technique of Japanese animation.
- Test your creativity at an anime drawing class. Anime, the art form of hand-drawn or computer animation, emphasizes art quality over movement and is characterized by vibrant color and fantasy.
- Take a walking tour of the Akihabara District, a cultural center for fans of anime and its comics counterpart, manga. See popular anime characters throughout shops and cafes in the area. The atmosphere is created intentionally to make passers-by feel as though they are within an anime production or a video game.

DAY 7: TOKYO

Today's Theme: Japanese History—Throughout history, the Japanese have revered and preserved the traditions of their ancestors. For this reason, Japan has a deep-rooted heritage that values the harmony of nature, architecture, and spirituality that has existed here for thousands of years.

- Visit the Tokyo National Museum.
- Explore Ueno Park, Japan's most popular urban oasis. In the spring, cherry blossoms appear all across the greenspace—along with locals practicing *hanami*, the Japanese custom of enjoying the ephemeral beauty of flowers.
- Learn history-related terms and practice your

conversational Japanese in an interactive language lesson.

- Enjoy a homemade dinner with locals, the perfect opportunity to gain unique insight into life in Japan today.

DAY 8: TOKYO

Today's Theme: Daily Life in Japan—Imagine a world where the school year is 240 days (instead of 180 like in the U.S.). Or where people bow when apologizing, greeting, or thanking you. Welcome to the life of a typical Japanese citizen. Today is your chance to learn more about their world—where books are read from right to left and stop signs are triangular—and compare it to your own.

- Practice your conversational Japanese in an interactive language lesson that focuses on the country's unique culture.
- Participate in a cultural exchange activity with locals. Whether it's a trivia night, pick-up soccer game, a student-guided walking tour, or a community project, you'll hear about life in Tokyo and what it's like to call Japan home. Of course, Japanese locals will want to learn about life in the U.S., so be ready to answer their questions, too.
- Sing along with friends during a popular cultural night out in Japan: karaoke night! Unlike in the U.S., karaoke in Japan typically takes place in a private room with a small group. While English songs are always available, this is a great opportunity to show off your Japanese skills through music.

DAY 9: DEPART FOR HOME

Your tour may be coming to an end, but your lifelong love of the Japanese language is only beginning.

✦ 3-day tour extension

DAY 9: TOKYO | KYOTO

- Travel by bullet train to Kyoto.
- Take an expertly guided tour of Kyoto.
- Visit Gion Corner.

DAY 10: KYOTO | KOYA-SAN

- Visit Inari Taisha Shrine.
- Travel to Koya-san.
- Ride a cable car to the Koya-san monastic complex.
- Enjoy a Buddhist vegetarian dinner.

DAY 11: DEPART FOR HOME

- Take some free time to explore Oku-no.
- Travel to Osaka for your return flight home.

The Asakusa Kannon Temple is your Japanese classroom on day 3



The World Leader in International Education

For over 55 years, EF has worked with educators across the world to help millions of students become citizens of the world through one global mission: *Opening the World Through Education*. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day. We're also an accredited educational institution, offering students the option to earn high school and college credit.

START PLANNING

To enroll on this tour, ask your teacher for the tour number and visit eftours.com/enroll or call 800-665-5364

AFFORDABLE

We always offer the guaranteed lowest prices so more students have the opportunity to travel and experience the world.

FULLY ACCREDITED

We're fully accredited, just like your school, so you can earn high school and even college credit while on tour.

SAFETY

We're committed to your safety. We have a presence in nearly every destination we travel to—ensuring that we're there to support you wherever and whenever you need us.

INSIGHT

We believe in experiential learning at the most important sites. Your Program Director is with you at every step, providing their own perspective and local tips.



Practice *hanami* in Ueno Park on day 7

THE LANGUAGE IMMERSION EXPERIENCE

Program price includes

FULL-TIME LANGUAGE IMMERSION PROGRAM DIRECTOR

Your bilingual, specially trained Language Immersion Program Director stays with you 24/7 to handle all on-tour logistics and provide knowledgeable insights everywhere you go.

EF INTERNATIONAL LANGUAGE SCHOOL

15 hours of language learning with a local language instructor.

EXPERIENTIAL LEARNING

Tea ceremony; Japanese art class; Tsukiji Fish Market; cooking class; anime drawing class; dinner with locals; interactive activity with locals; karaoke night.

ENTRANCES

Honda Welcome Center; Tokyo Skytree; Meiji Shinto Shrine; Ghibli Museum; Tokyo National Museum; (with extension: *Inari Taisha and Gion Corner*).

PERSONALIZED LEARNING GUIDE

Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.

ALL THE DETAILS ARE COVERED

Round-trip flights on major carriers; comfortable motorcoach; 7 overnight stays (9 with extension) in hotels with private bathrooms; breakfast and dinner daily.