



EDUCATIONAL
TOURS



Middle School: Discover Japan

IMMERSIVE MIDDLE SCHOOL TOURS

Experience Japan's many identities and extensive history. From majestic temples and shrines to interactive and imaginative museums, journey from the past to the present through Japanese culture. Explore the bright streets of modern Tokyo and escape to the breathtaking natural beauty of Osaka and Kyoto. Japan's playful technologies, savory staples, and ancient architecture paint a beautiful contrast across centuries.

Help middle school students find their place in the world

Travel fuels curiosity, offers fresh perspectives, and gives students the opportunity to discover life beyond their backyards. Our middle school tours are specially designed, with hands-on activities in exciting destinations that are popular with students aged 11-15. And with our 55+ years of experience, we know just how to keep students excited to learn more about the world, themselves, and their place in the world.



What to expect on our middle school tours

HANDS-ON ACTIVITIES

Our tours offer the perfect balance of cultural exploration and experiential activities.

AMAZING DESTINATIONS

Take your students just about anywhere. Many middle school teachers especially love traveling to England, Italy, Spain, France, and Panama.

24/7 TOUR DIRECTOR

Your expert Tour Director not only knows the ins and outs of each location you visit, but also how to keep students this age active and engaged. They are with your group 24/7, and are trained to respond to every type of situation.

YOUR EXPERIENCE INCLUDES

Full-time Tour Director; 3 sightseeing tours led by expert, licensed local guides; entrance fees for Osaka Castle, EF Game Center and purikura experience, Cup of Noodles Museum, Dotonbori street food tasting, taiko drumming lesson, Arashiyama Bamboo Grove, Golden Pavilion, Fushimi Inari-taisha Shrine, Meiji Shinto Shrine, Miraikan - The National Museum of Emerging Science and Innovation, Tokyo Tower, Hamarikyu Gardens, Asakusa Kannon Temple, water bus, karaoke; round-trip flights; bullet train; 7 overnight stays in hotels; breakfast and dinner daily

“Middle-schoolers achieve more because of these trips. They take what they learn with them, and that impacts them the rest of their lives.”

Gene F., Seventh Grade Teacher and Group Leader



Experience a taiko drum lesson while learning about the history of the instrument.

Day 1: Fly overnight to Japan

Day 2: Kansai region

Meet your Tour Director at the airport in Osaka.

Day 3: Kansai region

Visit the Osaka Castle, a famous landmark surrounded by moats and gardens that's filled with Samurai history. Then, journey from past to present at the Game Center, where you can try arcade games, win souvenirs, and witness the masters of these games in action. Make sure to try out the purikura, a Japanese photobooth, for a picture-perfect souvenir. Visit the Cup of Noodles Museum for a delicious and educational experience. Top off your visit by customizing your own cup of noodles in the factory. For dinner, you'll have time to wander through Dotonbori Canal Street, a bustling area full of vendors selling traditional Japanese street food like takoyaki (a fried dough ball with octopus inside), taiyaki (a fish-shaped pastry), okonomiyaki (a savory pancake), and more.

Day 4: Kansai region

Enjoy a guided excursion to Nara, a Japanese city that dates back to the ninth century. Explore the intricate and ancient temples and artwork there, and see Daibutsu, the world's largest bronze Buddha. Keep an eye out for the famous wild deer that roam freely in Nara Park and visit Kasuga-taisha, Nara's most celebrated shrine. You'll also take an interactive taiko drum lesson while learning about the history of the instrument.

Day 5: Kansai region

Take a day trip to Kyoto, where you'll go on a guided tour of the city. Experience Arashiyama, known for its incredible bamboo forest, and see the tranquil Golden Pavilion—a Zen Buddhist temple painted in delicate gold leaf. Then visit Fushimi Inari-taisha Shrine. Originally constructed to honor the Shinto god of rice, the elaborate complex welcomes visitors through thousands of red torii gates.

Day 6: Kansai region | Tokyo

Travel from Osaka to Tokyo on the legendary bullet train. Once you arrive in Tokyo, take a guided tour that includes a visit to Harajuku, a famous shopping district filled with colorful Japanese fashion. Right next to Harajuku, in a beautiful and peaceful park, is the Meiji Shinto Shrine. Then make your way to Akihabara Electric Town, where you'll explore Shibuya Ward and pay a visit to the Pokémon Center.

Day 7: Tokyo

Visit Miraikan - The National Museum of Emerging Science and Innovation, where you'll explore exhibits on sustainable growth and evolution and ponder a future built by robot technology. Then, venture up the Tokyo Tower, the second tallest structure in the country.

Day 8: Tokyo

Enjoy the peaceful Hamarikyu Gardens in the heart of the city. Visit the Asakusa Kannon Temple, the oldest temple in Tokyo. Then, take a relaxing water bus ride and float by the city sights. Discover Odaiba on your own, a popular shopping and entertainment district located on a man-made island in Tokyo Bay. Explore the many options—relax on one of the island's beaches, snap a photo of Tokyo's iconic Rainbow Bridge, or even take a Ferris wheel ride. Then, enjoy karaoke in your group's own private room.

Day 9: Depart for home



On your excursion to Nara, see the Daibutsu, the world's largest bronze Buddha.



Explore the Fushimi Inari-taisha Shrine, an elaborate complex with thousands of red torii gates.

The world leader in international education

For over 55 years, EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence.

SAFETY

We're committed to your safety. With 600+ schools and offices in over 50 countries, EF staff can react quickly and in person wherever you travel.

AFFORDABILITY

Every student should have the opportunity to travel, which is why we're dedicated to providing the lowest prices.

INSIGHT

We believe in experiential learning at the most important sites. Your Tour Director is with you at every step, providing their own perspective and local tips.

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