



EDUCATIONAL
TOURS



Lisbon & Porto

Lisbon | Sintra | Cascais | Porto

Spend the week falling in love with Portuguese culture as you wind through historic neighborhoods and enjoy sunset views from spectacular beaches. In Lisbon, explore the medieval Alfama district, try your hand at making traditional *azulejos* (tiles), and sample the country's classic egg custard tart, *pastéis de nata*. On day trips to Sintra and Cascais, take in the palaces and villas. And in Porto, see the Baroque Clérigos Church and climb to the top of its 75-meter-high bell tower, Torre dos Clérigos. Then marvel at the whimsical Livraria Lello, a famous bookstore known for its stained glass ceiling, intricately carved wooden panels, and photo stop-worthy staircase. From the capital to the coast, you'll experience the magic of the Iberian Peninsula on this guided tour of Portugal.



Get even more bang for your bucket list

Designed with school calendars in mind, this flexible, highlight-rich tour lands in the sweet spot between a long weekend and a lengthier getaway—so you can focus less on scheduling and more on exploring.

Your experience includes: Full-time Tour Director; 2 sightseeing tours led by licensed local guides; 2 walking tours; entrance fees for Mosteiro dos Jerónimos, Palácio Nacional de Sintra, Torre dos Clérigos, and Livraria Lello; Pastéis de Belém; *Azulejos* tile workshop; Douro River cruise; round-trip flights on major carriers; comfortable motorcoach; 5 overnight stays in hotels with private bathrooms; breakfast and dinner daily

Anyone can see the world.

You're going to experience it.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

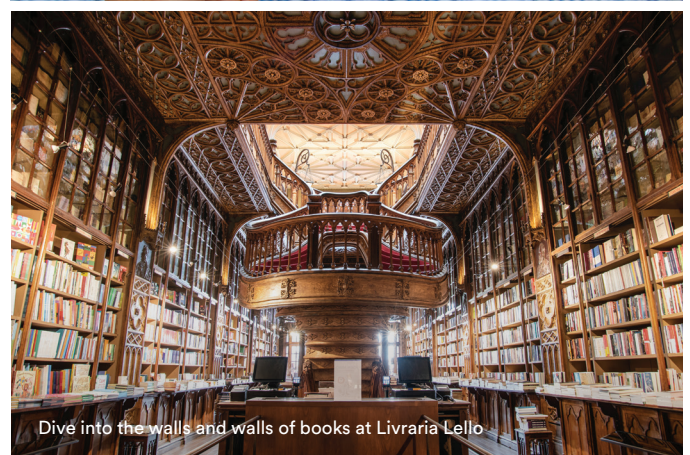
And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

“As a teacher, it's an amazing feeling to see my students light up and get excited about 'that thing we talked about in class.' Not only do they have a rich educational experience, they transform into young adults who are eager to take on more travel.”

Bobby, Group Leader



What you'll experience on your tour

Day 1: Fly to Portugal

Day 2: Lisbon

- Meet your Tour Director at the airport in Lisbon.
- Take a walking tour of the Alfama district, Lisbon's former center of Moorish aristocracy.

Day 3: Lisbon

- Take a guided tour of Lisbon and see the Monument to Discoveries and the Tower of Belém.
- During a photo stop, enjoy a panoramic view of Lisbon's red-tiled roofs.
- Explore the Jerónimos Monastery.
- Visit the famous patisserie, Pastéis de Belém, to try their original take on the classic Portuguese egg custard tart, *pastéis de nata*.
- Design your own *azulejos*, or tin-glazed, ceramic tiles that are a distinctive Portuguese art form.
- Enjoy a free evening or [attend a Lisbon fado evening](#).

Day 4: Lisbon | Sintra | Cascais

- Travel to Sintra, a town full of whimsical palaces, extravagant villas, and the ruins of a 10th-century Moorish castle.
- Visit the Palacio Nacional de Sintra.
- Enjoy more time to explore Sintra.

- Travel to Cascais, a resort town that was once a small fishing village and summer retreat of Portuguese nobility.
- Enjoy more time to explore Cascais.

Day 5: Lisbon | Porto

- Take the high-speed train to Porto, Portugal's "second city" (or the second-largest metropolitan area) and the country's namesake.
- Take a walking tour of Porto's Ribeira neighborhood, part of the city's Historic Centre, which is a UNESCO World Heritage Site.
- Cruise through the Douro River Valley, which is famous for its steep-terraced vineyards.

Day 6: Porto

- Enjoy free time at the beach or [take a surfing lesson \(seasonal\)](#).
- Step inside Livraria Lello, one of the most beautiful bookstores in the world, and marvel at the curved staircases that stretches across the store.
- Climb 225 steps up the Torre dos Clérigos, a quintessential symbol of Porto, to take in a breathtaking view of the city.
- Take an expert-led tour of Porto.
- Stop for a photo of the sunset near the iconic Dom Luís I Bridge.

Day 7: Depart for home

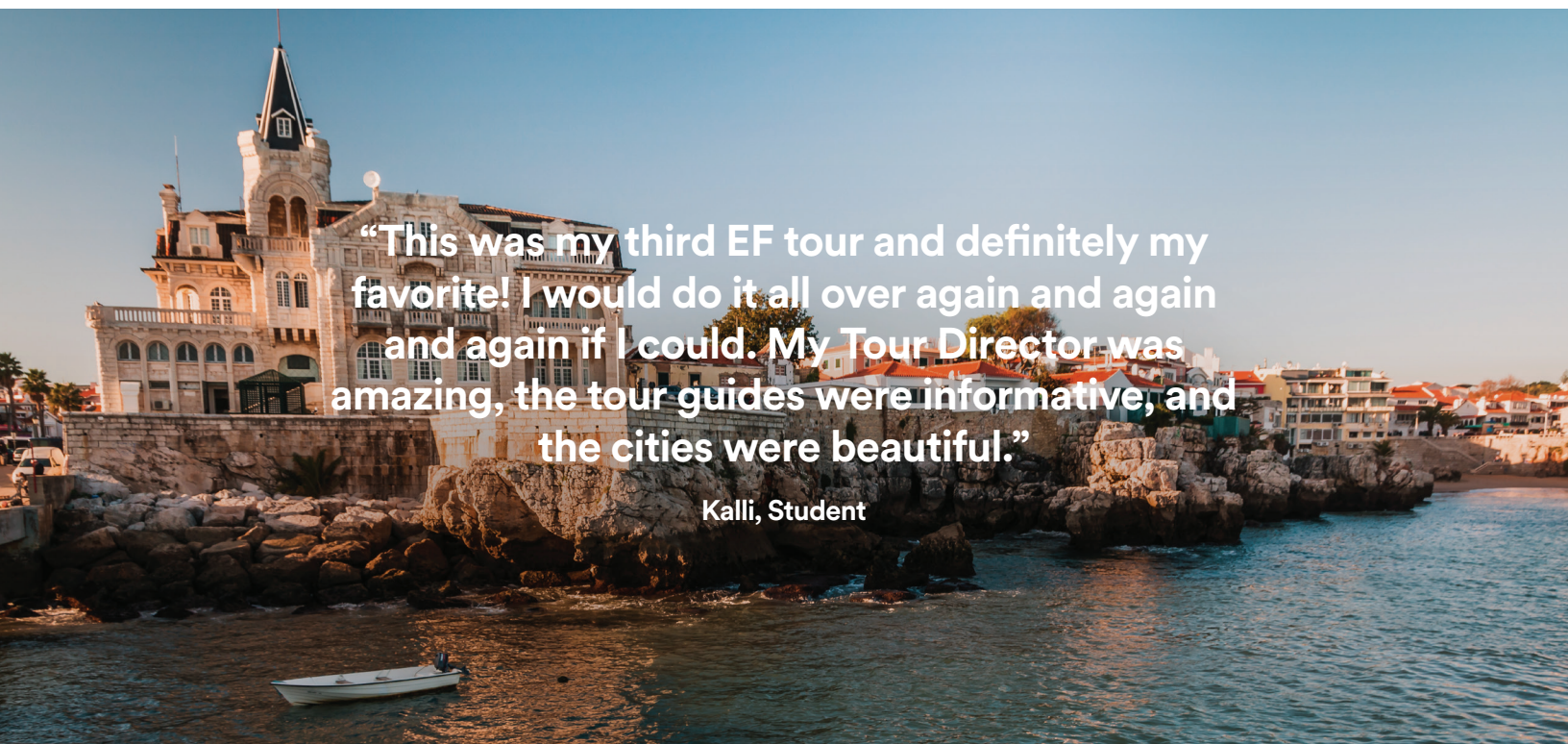
[Optional and excursions](#)



Explore the brightly colored streets of Porto

“I will confidently book with EF knowing that they truly have the infrastructure to handle a crisis, that they care deeply for the students, and that they remain committed to sharing the wonder of travel.”

Jennifer, Parent



“This was my third EF tour and definitely my favorite! I would do it all over again and again and again if I could. My Tour Director was amazing, the tour guides were informative, and the cities were beautiful.”

Kalli, Student

— THE EASIEST WAYS TO —

Enroll today



Enroll on our website
eftours.com/enroll



Enroll by phone
800-665-5364



Enroll by mail
EF Educational Tours
Two Education Circle
Cambridge, MA 02141

“My daughter has gained such an amazing view of the world and history from this experience. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.”

Charlotte, Parent

The world leader in international education

For over 55 years, EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited**, just like your school, so you can earn credit while on tour.
- **We include experiential learning activities** and visits to the best sites on all of our educational tours.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **We provide a full-time Tour Director** who's with your group every step of the way on tour, providing insight about your destinations as well as great local tips.

