

# SUMMER FUN WITH PURPOSE: PARENT'S GUIDE TO INCORPORATING ABA PRINCIPLES



Remember, these activities can be adjusted to suit your child's developmental level and therapy goals. **The key is to make the learning process enjoyable and interactive, keeping your child engaged while reinforcing ABA principles.**



## OUTDOOR ACTIVITIES:

- **Picnic in the Park:** Encourage social skills, mealtime routines, and exposure to new foods.
- **Neighborhood Walk:** Foster observation skills by having your child identify objects, colors, or sounds.
- **Gardening:** Teach responsibility, sequencing, and patience by planting and caring for a small garden together.
- **Beach Day:** Practice social interactions, rule-following, and sensory management in a fun environment.
- **Bike Riding:** Help your child develop gross motor skills and coordination, and reinforce safety rules.
- **Water Balloon Toss:** A fun way to cool off while practicing turn-taking, motor skills, and patience.



## INDOOR ACTIVITIES:

- **Cooking/Baking Together:** A hands-on way to teach math skills, following instructions, and sequencing.
- **Reading Time:** Boost language skills, attention span, and comprehension with daily reading sessions.
- **Puzzles and Board Games:** Encourage turn-taking, problem-solving, and patience in a fun setting.
- **Crafting:** Foster creativity, patience, and fine motor skills with crafts like painting, drawing, or making summer scrapbooks.
- **Indoor Camping:** Build a fort using blankets and chairs, promoting creativity, problem-solving, and role-playing.

