



FOCUSED VS COMPREHENSIVE ABA THERAPY SERVICES

FOCUSED ABA:

Treatment is focused on a few key behaviors.

- Helps your child socialize and reduces challenging actions like aggression.
- Builds essential skills like following instructions and self-care.
- Ideal when few crucial skills need improvement or severe behaviors need immediate attention.
- Usually 10-25 hours of treatment per week.

COMPREHENSIVE ABA:

Treatment that nurtures your child's overall development.

- Addresses cognitive, communicative, social, emotional, and adaptive skills.
- Reduces problematic behaviors and improves practical daily living skills.
- Recommended to bridge skill gaps with typically developing peers.
- Typically includes 26-40 hours of 1:1 direct treatment per week.

