To get your child’s flu shot, you will need to make an appointment with his/her doctor. Children and adolescents under age 19 need to get the flu shot at their doctor’s office.

Children who get the flu are at risk of health problems, especially if they are under the age of 2.

A flu shot is the best way to protect your child from flu-related illness or, in some cases, death. If your child is between 6 months and 8 years old, they may need two doses of the flu shot.

If you have questions, please call the Alliance Health Education Line, Monday - Friday from 8 a.m. to 5:00 p.m. at 800-700-3874, ext. 5580. (TTY: Dial 800-735-2929 or 711).

If you speak a language other than English, language assistance services are available to you at no cost.