



You don't have
time for the flu.

You don't have time to get sick!
By getting your flu vaccine, you can help prevent yourself from getting the flu. You can also decrease your chance of spreading the flu to others.

Everyone 6 months and older can get the flu vaccine, unless their doctor recommends otherwise. Those under age 19 need to get the flu vaccine at their doctor's office.

Health and wellness reward! Children 7-24 months old who get their two flu vaccine doses between September and May will be entered into a monthly raffle for a \$100 Target gift card!

Alliance members can get a flu vaccine at no cost. Make a flu vaccine appointment or get a flu vaccine at a walk-in location today!

For more information, visit
www.thealliance.health/flu
or use your smartphone's camera
to scan the QR code:



HEALTHY PEOPLE. HEALTHY COMMUNITIES.

www.thealliance.health

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