



Save a life. Get a flu shot.

Did you know the flu shot protects you and your loved ones from getting a serious illness?

The flu can lead to hospitalization and maybe even death. To stay protected, the Center for Disease Control (CDC) recommends that **everyone six months and older** get the flu shot, unless their doctor recommends otherwise. You can protect yourself from the flu – and stop it from spreading to those around you.

If you do get sick, having the flu shot will help your doctor decide if you have the flu or COVID-19. This will help them know how best to take care of you. By getting the flu shot, you will be doing your part to protect people who may be at risk for both the flu and COVID-19.

**Protect yourself, your loved ones and your community.
Call your doctor to schedule a flu shot today!**



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HEALTHY PEOPLE. HEALTHY COMMUNITIES.

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