

DID YOU KNOW

SAFE DRIVING STARTS AND ENDS WITH CLICKING AND COMPREHENDING.

When it comes to driving, it's the little things that often make the biggest difference. Like fastening your seatbelt before you take to the highway. According to the U.S. National Highway Traffic Safety Administration, seat belts reduce serious crash-related injuries and deaths by roughly 50%. That's a huge number for such a simple action.

Another smart but simple thing safe drivers practice is reading comprehension. Not just reading every single highway sign, but understanding and acting on them all. Obeying signs saves time and speeding tickets. It also alerts you to dangers that can easily cost you your life.

At Halliburton, solving customer challenges is second only to keeping everyone safe and healthy.



Driving



The Halliburton Life Rules are a set of core factors that affect personal safety that all Halliburton employees know and live by. These are key components for identifying and managing the hazards in our business.

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DID YOU KNOW

THE ONLY THING YOU SHOULD
BE DOING WHEN YOU'RE
DRIVING IS DRIVING.

Behind the wheel, nothing is more important than focus. A laser focus on what's ahead, around and behind your vehicle. Stay aware of road and weather conditions, traffic, pedestrians, your speed, and your need to be in complete control of your vehicle.

Do not take a call, make a call, text, apply makeup, eat, let your eyes or mind wander to other people in your car, or do anything other than focus on your driving.

If any of the above things must be done, pull safely off the road and out of the traffic flow to do them.

Every day people are killed and injured simply because a driver is distracted. Don't be one of them.



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Safety Moment Subject suggested by: Lynnette Burt, Christopher Brouillette, *Halliburton Employees*

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YOU MIGHT BE ASLEEP AT THE WHEEL WITH EYES WIDE OPEN.

Fatigue can be fatal. Especially when you're driving. And one problem is, you might not even know it. Fatigue can sometimes induce a mental state in which drivers imagine certain conditions exist when they really don't. Sudden reactions to those imaginary conditions can result in very real disasters.

To help avoid fatigue behind the wheel, never use drugs or alcohol when driving.

Pull well off the road and rest if you feel fatigue coming on. Make frequent stops on extended trips. Traffic accidents increase dramatically after approximately 7 hours of driving. Don't push it. If you're feeling less than 100 percent, it's best not to drive.



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THE ABILITY TO MULTI-TASK WHILE DRIVING IS A MYTH.

- The brain can quickly toggle between tasks — but it can't do two things at the same time.
- Activity in the area of the brain that processes moving images decreases as much as 1/3 when listening to someone on a phone.
- When driving, the likelihood of a vehicle accident increases:
 - 23 times when texting
 - 9 times when reaching for a fallen object
 - 3 times when reading or putting on makeup
 - 2 times when eating
- Always concentrate on the road when you're driving.



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DRIVING A VEHICLE IS ONE OF THE RISKIEST ACTIVITIES YOU CAN UNDERTAKE.

Your vehicle, the roads, and other drivers can pose hazards. It's imperative you remain vigilant at the wheel, and focus all your attention on driving safely.

Drive only when fully awake, and know the route and weather conditions. Ensure the vehicle and tires are properly maintained, inspect them before the journey, and secure all loads. Before setting out, always turn off your cell phone, fasten your seat belt, and turn on the headlights. Obey speed limits and traffic signs, and keep a safe distance behind other vehicles. Slow down and be alert at crosswalks, and in school zones and rural communities. When reversing, enlist a spotter outside the vehicle to guide you, and when parking always apply the brake and turn off the engine. Adhere to Halliburton standards and policies at all times.

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SLOWING DOWN ISN'T THE ONLY ADJUSTMENT YOU NEED TO MAKE WHEN DRIVING IN BAD WEATHER.

Snow and ice storms make driving extremely dangerous. They can deposit layers of ice that isn't immediately visible to drivers.

Stay off the roads if possible. If you have to drive, in addition to slowing down and keeping a greater distance than normal between you and the car in front of you, don't make any sudden moves with the steering wheel, breaks, or accelerator, unless absolutely necessary. And avoid bridges and overpasses if possible.

Remember, even a little rain can mix with dirt and oil that's collected on the road, making the surface potentially slippery even in light rain, sleet, or snow.

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MOST DRIVERS DON'T CONSIDER THEMSELVES AGGRESSIVE, BUT A LOT OF "NORMAL" ACTIONS QUALIFY AS AGGRESSIVE.

- **Common causes of road rage include:**
 - Distracted driving, like using phone
 - Getting cut off
 - Driving with high beams on at all times
 - Changing lanes without signaling
- **To avoid being the victim of an aggressive driver:**
 - Do not cut off other drivers
 - Yield to faster drivers in the left lane
 - Do not tail gate
 - Steer clear of all other drivers
 - Refrain from making obscene gestures or eye contact
 - Forget about trying to 'win' an encounter



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ROAD SIGNS ARE OPTIMALLY LOCATED TO ENSURE THE SAFETY OF DRIVERS.

- Road signs tell drivers how fast to drive, when and where to stop, when to yield, where to turn, and where not to drive, turn, or stop.
- Many road signs convey traffic laws — so it's important you understand and follow them.
- Ignoring signs may endanger yourself, your passengers, and other drivers, and may cause accidents.
- Most vehicle crashes, traffic tickets, and traffic jams can be avoided by simply follow the signs.
- Not obeying road signs and traffic laws can even lead to a fatality — so it's imperative you remain aware of them while driving.



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BACK TO SCHOOL MEANS BACK TO BASICS WHEN IT COMES TO DRIVING.

Yes, safe driving is important all the time, but it's especially essential when kids are going to and coming from school.

Youngsters aren't always as alert as they should be. So you need to be more alert for school buses, crossings, pedestrians and more. Heed the signs, signals, and above all, slow down. It's the safe thing to do.

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