

## Wellness Protocols

## HYPERBARIC OXYGEN THERAPY (HBOT) BASIC SUPPORT+

Hyperbaric oxygen therapy is used to accelerate bodily healing where tissues have been starved of oxygen. It can increase circulation and oxygenation, allowing to help build and repair damaged blood vessels, as well as activate collagen growth.

The increase in pressure can also reduce swelling, which in turn, increases blood flow.

Product Recommendations*	Clinical Objective	Pre HBOT	Post HBOT
Liposomal Glutathione	Antioxidant support and oxidative stress mitigation; Detox and immune system support	4 pumps	4 pumps
Liposomal Vitamin C	Antioxidant support and oxidative stress mitigation; Enhance collagen production; Support for immune system	1 tsp	1 tsp
Nanoemulsified CoQ10	Oxidative stress; Support ATP production	4 pumps	4 pumps
H2 Elite®	Oxidative stress mitigation; helps neutralize hydroxyl and peroxynitrite free radicals	1 tablet dissolved in filtered water	1 tablet dissolved in filtered water
Ultra Binder®	Detoxification support; Catches toxins reducing recirculation		1 tsp mixed in 8 oz. filtered water (optimal timing is taking 30 min after liposomes.)

<sup>\*</sup>Please note that patients may not require all supplements listed.

The information contained herein is for informational purposes only.

**Disclaimer:** These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.