



Melatonin is our body's primary sleep-regulating hormone. Produced principally in the brain, melatonin regulates your internal clock and influences everything from the sleep-wake cycle to gut and heart health. Supplementing with this key compound may gently restore healthy sleep patterns, among other benefits.

Many melatonin products have poor bioavailability, which can make effective dosing feel elusive: too little can have no effect and taking too much can lead to an uncomfortable "melatonin hangover." Quicksilver Scientific's premium liposomal melatonin absorbs easily and is a liquid formula making it easy to adjust dosing to suit your individual needs.





SKU: Q-1057

Supplement Facts		
Serving Size: 0.2 mL (1 Pump)		
Servings Per Container: 150		
	Amount Per Serving Value	% Daily Value
Melatonin	1mg	**
**Daily Value not established		
Other Ingredients: Water, glycerin, ethanol, tocofersolan, phospholipids (from purified sunflower seed lecithin), medium-chain triglycerides, natural mixed tocopherols		

RECOMMENDED USE: Take 1 pump by mouth. Hold in mouth 30 seconds before swallowing. Repeat to desired dosage or as directed by a healthcare professional. Take on an empty stomach, at least 10 minutes before meals. If pregnant or breastfeeding, consult your healthcare practitioner before use.

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REST, REPAIR & REGENERATION

Features of modern life like blue light exposure from smart phones and laptops, air travel and chronic stress diminish natural melatonin production, which is critical to a balanced sleep-wake cycle. Supplemental melatonin acts to realign your circadian rhythm, encouraging deep sleep and the nightly repair and regeneration processes that depend on restful slumber.

A HEALTHY BRAIN: NIGHT & DAY

Sleep better and stay sharp while you're awake. Melatonin safeguards the brain against harmful stressors, supporting mental wellbeing and keen cognition. It's also responsible for nightly detoxification processes, which work to curtail free radicals and damaged proteins linked to neurological dysfunction.

DIGESTIVE & CARDIOVASCULAR SUPPORT

Already known widely for its effects on sleep, melatonin is the subject of emerging research indicating that it also supports gut and heart health. It may promote healthy bowel habits and help balance cardiovascular-linked issues such as blood glucose control and body weight.

NEXT-GEN BIOAVAILABILITY

Oral melatonin products typically have low bioavailability. Quicksilver Scientific's advanced liposomal delivery system allows for rapid absorption and prolongs the positive effects of melatonin. One pump can support optimal melatonin levels allowing you to enjoy the benefits of deep, restful sleep.

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*References available at quicksilverscientific.com/melatoninreferences

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Always check with your physician before starting a new dietary supplement program.



Tested Allergen-Free



Quicksilver Delivery Systems



Vegan



Tested Soy Protein Free



cGMP Certified



Tested Gluten Free



Tested Non GMO