

Hangover Protocol⁺

PREVENTION SUPPORT			
Product Recommendations*	Clinical Objective	Before Drinking	
Milk Thistle	Hepatoprotective	4 pumps	
Liposomal Glutathione	Detoxification and antioxidant, Hepatoprotective	4 pumps	
Methly B Complex	Repletion of detoxification cofactors	2 pumps	
QuintEssential® 3.3	Remineralization of electrolytes and hydration	1-2 20 mL sachets	

POST-CELEBRATION SUPPORT			
Product Recommendations*	Clinical Objective	Before Drinking	
Milk Thistle	Hepatoprotective	6 pumps	
Liposomal Glutathione	Detoxification and antioxidant, Hepatoprotective	6 pumps	
Methly B Complex	Repletion of detoxification cofactors	2 pumps	
QuintEssential® 3.3	Remineralization of electrolytes and hydration	1-2 20 mL sachets	

The information contained herein is for informational purposes only.

Disclaimer: These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

^{*}Take all liposomal products on an empty stomach, if possible.

†Please note that patients may not require all supplements listed.