**Direct Care Project Part 1**

**Substance Use Assessment and Diagnosis Template**

**Directions:** Collect the data outlined in this template. Fill in the blanks in the tables provided. There are two parts - online data collection and a modified windshield survey data collection. You will then identify a nursing problem in a vulnerable population and write a nursing diagnosis. See the assignment directions for suggestions and best practices. For full credit, all information in a category must be completed. **This will be the topic of your Assessment and Nursing Diagnosis Template and also Parts 2 through 4 of your course project.**

**Name:** **Date:**

**Online Data Collection**

1. **Community Information**

|  |  |
| --- | --- |
|  | Your Community Data |
| Name of city or town and state |  |
| Population |  |
| Nature of this community (rural, suburban, urban) |  |
| Describe your community in 2-3 sentences |  |

1. **Community Demographics**
   1. Go to <https://www.census.gov/quickfacts/fact/table/US/PST045218>
      1. The US data should automatically populate
      2. Input your zip code or county/township name
      3. Then input your state for comparison data
      4. Enter the data into the table below
      5. Compare the county, state, and US data

|  |  |  |  |
| --- | --- | --- | --- |
|  | County Data | State Data | U.S. Data |
| Population total |  |  |  |
| Male (subtract female % from 100) |  |  |  |
| Female |  |  |  |
| Persons under 5 |  |  |  |
| Persons over 65 |  |  |  |
| Race and origin data | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| White alone |  |  |  |
| Black or African American alone |  |  |  |
| American Indian and Alaska Native alone |  |  |  |
| Asian alone |  |  |  |
| Native Hawaiian and other Pacific Islander alone |  |  |  |
| Two or more races |  |  |  |
| Hispanic or Latino |  |  |  |
| White alone, not Hispanic or Latino |  |  |  |
| Significant population characteristics | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| Veterans |  |  |  |
| Foreign born persons |  |  |  |
| Housing overview | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| Housing units |  |  |  |
| Owner-occupied housing unit rate |  |  |  |
| Median selected monthly owner costs with a mortgage |  |  |  |
| Median selected monthly owner costs without a mortgage |  |  |  |
| Median value of owner-occupied housing units |  |  |  |
| Median gross rent |  |  |  |
| Family and living arrangements | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| Households |  |  |  |
| Persons per household |  |  |  |
| Living in same house 1 year ago |  |  |  |
| Language other than English spoken at home |  |  |  |
| Computer and Internet Use | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| Households with a computer |  |  |  |
| Households with broadband internet subscription |  |  |  |
| Education | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| High school graduate or higher |  |  |  |
| Bachelor’s degree or higher |  |  |  |
| Health | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| With a disability under age 65 years |  |  |  |
| Persons without health insurance under age 65 years |  |  |  |
| Economy | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| Civilian labor workforce ages 16+ |  |  |  |
| Transportation-mean travel time to work (minutes) |  |  |  |
| Income and poverty | | | |
|  | **County Data** | **State Data** | **U.S. Data** |
| Median household income |  |  |  |
| Persons in poverty |  |  |  |

1. **Community Epidemiological Data**
   1. Go to: <https://www.countyhealthrankings.org/>
   2. Click on your state
      1. Start with Overall Rankings in Health Outcomes
      2. Then choose your county

\*\*you will need to use the “+” to see all of the data\*\*

|  |  |  |
| --- | --- | --- |
|  | County Data | State Data |
| Health Outcomes Percentile |  | N/A |
| Health Factors Percentile |  | N/A |
| Premature death |  |  |
| Low birth weight |  |  |
| Adult smoking |  |  |
| Adult obesity |  |  |
| Physical inactivity |  |  |
| Excessive drinking |  |  |
| Alcohol impaired deaths |  |  |
| STIs |  |  |
| Teen births |  |  |
| Drug overdose deaths |  |  |
| Uninsured |  |  |
| Unemployment |  |  |
| Children in poverty |  |  |
| Violent crime |  |  |
| Air pollution |  |  |
| Drinker water violations |  |  |
| Long commutes |  |  |

1. **Substance Use**
   1. Go to: <https://www.samhsa.gov/data/report/behavioral-health-barometer-state-barometers-volume-6?page=0>
      1. Find your state and download the report.
      2. Review the report and document the following:
         1. Go to Substance Use, Misuse, and Use disorders section. This will be the area that discusses those 12 and older (near end of report).
      3. Find the following percentages:

|  |  |  |  |
| --- | --- | --- | --- |
|  | State Average | Regional Average | National Average |
| Tobacco use |  |  |  |
| Marijuana |  |  |  |
| Marijuana use disorder |  |  |  |
| Heroin use |  |  |  |
| Misuse of prescription pain reliever |  |  |  |
| Opioid use disorder |  |  |  |
| Illicit drug use disorder |  |  |  |
| Alcohol use disorder |  |  |  |
| Substance use disorder |  |  |  |

**Windshield Survey**

It is recommended that you have someone drive you around your community at least 2 times, ideally at different times of day and weekend vs. weekday.

|  |  |  |  |
| --- | --- | --- | --- |
| Look at the people in your community.  Did you observe: | No | Yes | If Yes, provide number or state “many” “some” or “few” |
| * \*pregnant women |  |  |  |
| * \*pregnant adolescents |  |  |  |
| * \*infants (under the age of 1 year old) |  |  |  |
| * \*young children (1-5 years old) |  |  |  |
| * \*school-age children (6-18 years old) |  |  |  |
| * adults (18 – 60 years old) |  |  |  |
| * \*older adults (over the age of 60 years old) |  |  |  |
| * people exercising |  |  |  |
| * people driving |  |  |  |
| * people walking |  |  |  |
| * people biking |  |  |  |
| * people congregating in groups on the street |  |  |  |
| * \*people that had hygiene issues or were unkempt |  |  |  |
| * people that were appropriately dressed |  |  |  |
| * people that were physically fit |  |  |  |
| * people that were obese |  |  |  |
| * \*people that were undernourished, thin |  |  |  |
| * people that appear healthy |  |  |  |
| * \*people that have obvious physical disabilities, such as those using walkers or wheelchairs |  |  |  |
| * \*people with apparent mental/emotional disabilities |  |  |  |
| * \*people who appeared homeless or unemployed |  |  |  |

**\*Represents vulnerable populations**

|  |  |  |  |
| --- | --- | --- | --- |
| Social and Economic Conditions  Did you observe: | No | Yes | If Yes, provide number or state “many” “some” or “few” |
| * housing that was run down or dilapidated |  |  |  |
| * areas undergoing renewal |  |  |  |
| * public housing |  |  |  |
| * public transit (subway, train, buses, taxis, etc) |  |  |  |
| * transportation to health care resources |  |  |  |
| * landfills |  |  |  |
| * restaurants |  |  |  |
| * any political signs |  |  |  |
| * any evidence of health education on billboards, advertisements, or signs |  |  |  |
| * any efforts to improve the neighborhood’s health such as advertisements for health-related events, health fares, clinics, or lectures |  |  |  |
| * any group efforts in the neighborhood to improve the living conditions or the neighborhood |  |  |  |
| * churches, synagogues, and other places of worship |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Health Resources  Did you observe: | No | Yes | If Yes, provide number or state “many” “some” or “few” |
| * hospitals |  |  |  |
| * community clinics |  |  |  |
| * family planning clinics |  |  |  |
| * generalist doctors |  |  |  |
| * dentist offices |  |  |  |
| * pharmacies |  |  |  |
| * urgent care clinics |  |  |  |
| * skilled nursing facilities |  |  |  |
| * mental health or counselling clinics |  |  |  |
| * homeless or abuse shelters |  |  |  |
| * public health department office |  |  |  |
| * substance abuse treatment center |  |  |  |
| * alternative medicine practices, botanicals, or herbal medicine shops |  |  |  |

|  |
| --- |
| **Answer the following question:** |
| If some of the above health resources were not observed, approximately how far away would a person need to travel to find these resources? |

|  |  |  |  |
| --- | --- | --- | --- |
| Environmental Conditions  Did you observe: | No | Yes | If Yes, provide number or state “many” “some” or “few” |
| * evidence of anything that might make you suspicious of ground, water, or air pollutants |  |  |  |
| * poor road conditions with potholes, or poor drainage |  |  |  |
| * adequate traffic lights, signs, sidewalks, and curbs |  |  |  |
| * railroad crossings fitted with warnings and barriers |  |  |  |
| * streets and parking lots well lit |  |  |  |
| * handicapped access to buildings, sidewalks, and streets |  |  |  |
| * recreational facilities, playgrounds, and/or facilities like the YMCA |  |  |  |
| * children playing in the streets, alleys, yards, or parks |  |  |  |
| * evidence of nuisances such as ants, flies, mosquitoes, or rodents, or stray animals observed |  |  |  |

**Problem**

Identify a nursing problem based on your data and observations. The problem must be related to **substance use**. Example: Alcohol use

**Problem Identification: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Vulnerable Population**

Identify the vulnerable population that is most impacted by this problem. Example: Adolescents

**Vulnerable Population Identification: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Diagnosis**

Write a nursing diagnosis based on your problem from above. Fill in the blanks below.

*Example*: Increased risk for **alcohol use** among **adolescents** related to lack of sufficient knowledge about the long and short-term impacts demonstrated in increased county data compared to state/national averages.

\*See chapter 6 in the Nies and McEwen (2019) textbook for more examples of composing a community health nursing diagnosis.

**Nursing Diagnosis:** Increased risk of\_\_\_\_\_\_\_\_\_\_\_\_(problem from above) among \_\_\_\_\_\_\_\_\_\_\_\_ (vulnerable population from above) related to \_\_\_\_\_\_\_\_\_\_\_(etiological statement) as demonstrated in \_\_\_\_\_\_\_(health indicators/community data from above)

**References**

Substance Abuse and Mental Health Services Administration (SAMHSA). (2020)*. Behavioral health barometer, volume 6*. <https://www.samhsa.gov/data/report/behavioral-health-barometer-state-barometers-volume-6?page=0>

County Health Rankings and Roadmaps. (2018). Explore rankings. <http://www.countyhealthrankings.org/>

U.S. Census Bureau. (2018). State and county QuickFacts.  <https://www.census.gov/quickfacts/>