# Week 1 Discussion

# **Practicum Project:** Health Promotion Topics and Resources

**Directions:**

1. Review the Health Promotion Topics and associated Topic Resources below.
2. Select a topic for the Practicum Project. The aim of the Practicum Project is to advocate for community health through collaboration with licensed healthcare professionals and the provision of educational resources. This topic will also be used in the Week 1 discussion.

Note: Additional resources are also available in the [Chamberlain Library](https://library.chamberlain.edu/home) and on government and state websites.

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| **Topics** | **Topic Resources** |
| Injury Prevention |
| * Water safety
* Transportation safety
* Firearm safety
 | [Centers For Disease Control and Prevention - Injury Prevention](https://www.cdc.gov/injury/)  [Safekids - Safety Laws by State](https://www.safekids.org/state-law-tracker) [American Academy of Pediatrics - Safety and Prevention](https://www.healthychildren.org/english/safety-prevention/Pages/default.aspx) |
| Substance Use/Abuse |
| * Tobacco/smoking/vaping
* Alcohol
* Drugs (non-specific)
* Opioids
 | [Centers For Disease Control and Prevention - Tobacco](https://www.cdc.gov/tobacco/)[American Public Health Association - Substance Misuse, Tobacco](https://www.apha.org/Topics-and-Issues)[Healthy People – Drug and Alcohol Use](https://health.gov/healthypeople/objectives-and-data/browse-objectives/drug-and-alcohol-use)[Centers For Disease Control and Prevention - Alcohol and Public Health](https://www.cdc.gov/alcohol/index.htm)[National Institute on Drug Abuse](https://nida.nih.gov/)[Substance Abuse and Mental Health Services Administration - Substance Abuse](https://www.samhsa.gov)  |
| Immunizations |
| * Childhood immunizations
* Adult immunizations
 | [Healthy People – Vaccination](https://health.gov/healthypeople/objectives-and-data/browse-objectives/vaccination) [American Academy of Pediatrics - Immunizations](https://www.healthychildren.org/english/safety-prevention/immunizations/Pages/default.aspx)[American Public Health Association - Vaccines](https://www.apha.org/Topics-and-Issues) [Centers for Disease Control and Prevention - Vaccines and Immunizations](https://www.cdc.gov/vaccines/)  |
| Violence |
| * Youth violence
* Intimate partner violence
* Child abuse
 | [Centers for Disease Control and Prevention – Youth Violence](https://www.cdc.gov/violenceprevention/youthviolence/index.html)[American Public Health Association - Injury and Violence Prevention](https://www.apha.org/Topics-and-Issues) [Healthy People – Violence Prevention](https://health.gov/healthypeople/objectives-and-data/browse-objectives/violence-prevention) [Centers for Disease Control and Prevention - Violence Prevention](https://www.cdc.gov/violenceprevention) |
| Environmental Health |
| * Air pollution
* Lead contamination
* Radon
 | [American Public Health Association - Environmental Health](https://www.apha.org/Topics-and-Issues) [U.S. Environmental Protection Agency](https://www.epa.gov/)[Healthy People – Environmental Health](https://health.gov/healthypeople/objectives-and-data/browse-objectives/environmental-health) [Centers for Disease Control and Prevention - National Center for Environmental Health](https://www.cdc.gov/nceh/default.htm) |
| Sexually Transmitted Infections (STI) |
| * Sexually transmitted infections (STIs) or sexually transmitted diseases (STDs) (non-specific)
* Human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS)
 | [Centers For Disease Control and Prevention - STI](https://www.cdc.gov/std/saw/resources.htm)[Healthy People - Sexually Transmitted Infections](https://health.gov/healthypeople/objectives-and-data/browse-objectives/sexually-transmitted-infections)[Centers for Disease Control and Prevention - HIV](https://www.cdc.gov/hiv/default.html)[HIV.gov](https://www.hiv.gov/hiv-basics/overview/about-hiv-and-aids/what-are-hiv-and-aids/) |
| Human Trafficking |
| * Human trafficking (preventing/identifying/resources)
 | [National Human Trafficking Resource Center](https://humantraffickinghotline.org/en)[Centers For Disease Control and Prevention - Sex Trafficking](https://www.cdc.gov/violenceprevention/sexualviolence/trafficking.html) |
| Mental Health |
| * Depression
* Suicide prevention

   | [Healthy People - Mental Health Disorders](https://health.gov/healthypeople/objectives-and-data/browse-objectives/mental-health-and-mental-disorders) [Centers For Disease Control and Prevention - Suicide and Self-Harm](https://www.cdc.gov/nchs/fastats/suicide.htm)[Substance Abuse and Mental Health Services Administration - Suicide](https://www.samhsa.gov/suicide)[Substance Abuse and Mental Health Services Administration - Mental Health](https://www.samhsa.gov/)[American Public Health Association - Mental Health, Suicide](https://www.apha.org/Topics-and-Issues)  |
| Obesity |
| * Obesity (all ages - preventing/identifying/resources)
 | [Healthy People – Overweight and Obesity](https://health.gov/healthypeople/objectives-and-data/browse-objectives/overweight-and-obesity) [Centers For Disease Control and Prevention – Overweight and Obesity](https://www.cdc.gov/obesity/) |