NR605 Therapeutic Alliance Worksheet

**Name:**

Carefully read the assignment guidelines and rubric. Review the scenarios provided in an announcement by course faculty and address the following.

1. Describe techniques you would use to build a therapeutic alliance with each of the clients in the provided scenarios.
2. Provide a rationale for why the techniques are appropriate for the client in the scenario.
3. Include a scholarly source in your rationale. You may use the same scholarly source to support each scenario if relevant. Include a matching reference for each citation using the current APA Style.

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| **Scenario** | **Techniques for Building a Therapeutic Alliance with Rationale** |
| Mood disorders/anxiety/OCD |  |
| Psychosis |  |
| Personality disorder |  |
| Trauma |  |
| Substance use disorder |  |
| **References** | |