# NR305 Week 6 Anna Sink iHuman Virtual Patient Encounter Worksheet

**Name:**

1. **Situation, Background, Assessment, Recommendations (SBAR) Documentation**

Write a focused SBAR note summarizing Anna Sink’s assessment for calling report to social services. Include appropriate information in each section. Include all key findings in each section. Data should be well-organized and concise. Documentation should be professional with correct spelling.

This is a focused assessment SBAR; your summary should include a brief review of pertinent findings. Type the appropriate information in each section below to develop your focused SBAR note for end-of-shift documentation.

|  |  |  |
| --- | --- | --- |
| S | Situation  Concise statement of the purpose of the communication | [Type here] |
| B | Background  Brief information related to the clinical background of the situation | [Type here] |
| A | Assessment  Brief analysis and consideration of options | [Type here] |
| R | Recommendation  Suggestion of what you believe the client needs | [Type here] |

1. **Defuse Questions**

Did you feel comfortable and knowledgeable in Anna’s simulation?

What did you learn?

What additional information is needed to better care for Anna?

What specific questions would you like to ask her?

1. **Post-Case Questions (Provide at least one scholarly source from the Chamberlain Library to answer the questions in this section. Provide an APA in-text citation and full APA reference for the scholarly source).**

Discuss at least two ways to facilitate and promote self-care management when caring for Anna.

Discuss how you would identify personal, system, or community resources available to support self-care management in patients dealing with anxiety.

Provide the full APA reference for the scholarly source.