**Purpose**

The 3-minute thoughts are designed for students to reflect on a course topic.

**Course outcomes:** This assignment enables the student to meet the following course outcomes.

CO 1. Implement skills for successful scholarship including effective study skills, note taking, active listening, and learning references.

CO 2. Identify characteristics of professional behavior including emotional intelligence, communication, and conflict resolution.

CO 3. Demonstrate information literacy and the ability to utilize resources.

**Due date:** Weekly, as determined by your course instructor. **Total points possible:** 100 points (20 points each X 5) **Preparing the assignment**

Follow these guidelines when completing this assignment. Speak with your faculty member if you have questions.

1. Your course instructor will provide a topic for the 3-minute thought.
2. Close books and notes and get out a blank piece of paper.
3. Take 3 minutes to respond to the question.
   1. Grammar and spelling are not important in this assignment.
   2. APA formatting is not expected to be used for this assignment.
4. Sample questions may include:
   1. “Discuss the transition from advanced beginner to competent nurse. What might make that transition easier?”
   2. “Think about your experience with coworkers in the past. What qualities make a great coworker?”
   3. “What do you think distinguishes nursing care from care given by loved ones or lay people?”

Please note that your instructor may provide you with additional assessments in any form to determine that you fully understand the concepts learned.

**Grading Rubric**

Criteria are met when the student’s application of knowledge demonstrates achievement of the outcomes for this assignment.

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| **Assignment Criteria**  **(Points possible/% of total points available)** | **Highest Level of Performance** | **High Level of Performance** | **Satisfactory Level of Performance** | **Unsatisfactory Level of Performance** | **Section not present in Reflection** |
| **Reflectively Writes**  (20 points/20%) | **20 points** | **18 points** | **15 points** | **7 points** | **0 points** |
| **Required criteria**   1. Writes about the assigned topic. 2. Demonstrates strong evidence of a reasoned thought process. 3. Demonstrated depth of original thought. | Meets 3 required criteria | Meets 2 required criteria | Meets 1 required criterion | Address one or more required criteria without meeting any | No requirements for this section presented |
| **Total Points Possible = 20 points per 3-Minute Thoughts, 100 points in course** | | | | | |