



Helping Mothers Survive Prolonged and Obstructed Labor OSCE 1: Rapid Assessment when prolonged labor is suspected



Read the following guidelines to learners:

- The purpose of this activity is to assess your ability to make clinical decisions while providing care to a client in a simulated environment.
- For this station assume you are alone in a rural health care facility. You have all equipment and supplies necessary for a normal vaginal birth and for basic emergency management.
- I will provide all the essential information at the start of each OSCE station.
- Ask me to clarify any questions prior to beginning. Once the OSCE has started, I will only provide information about the results of any assessment you do.
- From the start of the OSCE, you will have 4 minutes to complete each station.
- **Talk to and care for the woman in front of you exactly as you would in real life. Even though I am both the examiner and acting as the woman in labor, please speak to me as if I am the woman.**
- Be explicit in verbalizing your clinical findings and subsequent decisions.
- If you give a medication, you must state what you are giving, the dose, the route, and why you are giving it.

Instructions for the Examiner

- Review the instructions for the learner.
- Wear the birthing simulator with the baby's head in LOA position.
- Observe only; do not intervene during the learner's demonstration.
- In the items below you will see *instructions to you in italics*. Follow these instructions.
- Learners must complete each action within each step in order to receive credit for accurately completing that step.
- Do NOT give information for assessments they do not make.
- Hold feedback until the end of the assessment for all learners.

Read the following to the learner: "I just arrived at your facility. Labor pains started at home approximately 16 hours ago. Please perform a Rapid Assessment."

Participant name or ID# _____ Date _____

OSCE 1: Rapid Assessment when prolonged labor is suspected

	OSCE ITEMS ***Note that checklist is for assessment only, not for instruction***	Performed to standard	
		<u>Yes</u>	<u>No</u>
	<i>Throughout the OSCE, evaluate respectful care. Observe the learner's communication with the woman. Learners should be respectful, supportive, tell you what they are doing and why. You will score respectful care at the end.</i>	<i>Check appropriate box for each item</i>	
1.1	Welcomes the woman and introduces self. Explains that s/he will conduct a quick evaluation to see how the woman is doing.		
1.2	Washes hands with soap and water or alcohol based hand rub		
1.3	Checks if she is grunting or wanting to push <i>Act as if a painful contraction is coming but do not grunt or make efforts to push.</i>		
1.4	Asks if she has any danger signs and lists all of them (vision problems, severe headache, convulsions/unconscious, high fever, bleeding, severe pain). If the learner asks, say, "No, but I am tired".		
1.5	Asks if the woman has other problems or concerns. If the learner asks, say, "No".		
1.6	Checks maternal pulse. <i>If pulse is checked, say, "98 bpm"</i>		
1.7	Checks temperature. <i>If temperature is checked, say, "38.0° C"</i>		
1.8	Checks BP between contractions. <i>If BP is checked, say, "102/60"</i>		
1.9	Checks respiration. <i>If respirations are checked, say, "24"</i>		
1.10	Checks conjunctivae and palms for pallor. <i>If checked, say, "conjunctivae and palms are pale"</i>		
1.11	Checks fetal heart rate. <i>If FHR is checked, say, "130b/m during the contraction; 150 b/m 30 seconds after the end of the contraction"</i>		
1.12	Checks for signs of dehydration (looks for sunken eyes, dry mouth, slow return of skin of the forearm). <i>If checked, say, "My skin returns slowly when pinched, my mouth is dry"</i>		
1.13	Shares findings with the woman: Birth is not close; there are no danger signs; the woman has signs of anemia and dehydration.		
1.14	<i>Ask the learner, "Do I need advanced care?" Response: No. We need to manage your dehydration (OR give you fluids) and check your hemoglobin (OR blood for anemia).</i>		
1.15	Ensured privacy and confidentiality. Provided respectful care and good communication. Told you what was to happen and why, and informed you of the findings.		

Score _____/15 Pass score is 12/15 Pass / Fail (circle one)