******Helping Mothers Survive**

**ECL&B Champion Training**

**[Location]**

**[Date]**

Helping Mothers Survive (HMS) Essential Care for Labor & Birth (ECL&B) is a learning module designed to help providers give supportive care and close monitoring to women in labor. HMS ECL&B builds capacity of the entire team of providers who care for women at birth using a “low-dose, high-frequency” (LDHF) approach. Skills are built on-site reinforce respectful care and women’s choice in order to provide the best experience of care during labor and birth. A key component of HMS is the short set of LDHF skills practice and quality improvement activities done by providers after training day.

**Audience:**

**ECL&B** is designed for all providers who care for women during labor and birth who need to provide close monitoring and supportive care and who need to be able to rapidly identify complications for management or referral.

**Learning Objectives:**

At the end of the champion course, **Providers** will:

1. Identify stages of labor including latent and false labor;
2. Demonstrate effective communication with team members;
3. Communicate a timely referral plan for patients needing advance care;
4. Describe the importance of LDHF at the facility after training;
5. Describe the components of history taking;
6. Demonstrate to standard:
   1. WHO Quick Check;
   2. Abdominal and vaginal examination
   3. Clean and safe birth
   4. Support for women in labor
   5. Support for birth in alternate positions (if session given)

**Facility training Day 1: (Date) ELC&B Champion Training**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **7:30–8:30 am—Set-up and Welcome** Arrive to greet Facility Head and set up for training if not done the night before. Choose an area to set up simulator and use facility equipment. | | | | |
| **Time** | **Session Description** | **Materials** | **Ideal Time** | **Facilitator** |
| 8:30-8:40  Arrival | Welcome and sign in and hand out participant characteristics and confidence assessments.  Pass out Providers Guide to all participants with a client record When forms are collected pass out KT | Sign In sheet  Flipbook  ECL&B Action Plan  for all sessions  Participant characteristics and confidence assessment  Providers Guide  Supplies (page 1 of Flipbook) | 10 mins |  |
| 8:40 – 8:55 | Collect KT Use Parking lot for training issues Invite learners to assume a role | Knowledge assessments | 15 mins |  |
| 8:55-9:05  Group | Begin introduction to HMS (page 2b) **Visualization.**  After the story, ask participants to share reflections, and then introduce HMS | Flipbook  Flipchart for action items | 10 mins |  |
| 9:05-9:25  Group | Key Themes and Special Considerations (pages 3b – 5b) **RMC Video,** **Disrespect Role Play, IP Video, Handwashing** | Flipbook | 20 mins |  |
| 9:25-9:35  Group | Quick Check (page 6b). Review Quick Check page, and **demonstrate**.  Point to the Action Plan where it matches the Quick Check steps. | Flipbook  Simulator | 10 mins |  |
| 9:35-10:15  Group  & Stations | Complete “Assess” pages (pg. 7b – 9b).  Review pages, **GA & History** **demo & practice, Position of the Baby Video, Vaginal exam Video** facilitate as described | Childbirth simulator (with cervix inserts), newborn simulator, white skull | 40 mins |  |
| 10:15 – 10:30 | *Break – Divide into groups prior to release* | | |  |
| 10:30 – 11:10  Stations | Break into groups of 6 or less for **Abdominal and VE practice** |  | 40 mins |  |
| 11:10-11:30  Group | Complete “Classify” pages (10b and 11b).  Review Classify pages, explain content. Ask any “Knowledge Check” questions and invite discussion as prompted. | Flipbook | 20 mins |  |
| 11:30-12:00  Stations | **Exercise:** **Assess and Classify** small group practice, flipbook page 12b. Facilitator should wear the simulator with participants acting as providers. Use the Action Plan to trace the steps and provide supportive feedback. | Simulators | 30 mins |  |
| 12:00-12:30  Group | Complete “Support Labor” pages (13b, 14b, and 15b).  Review pages, explain and demonstrate. **Demo and Practice: Documentation**, **Support Birth Video** Ask any “Knowledge Checks” and invite discussion | Flipbook  Simulators  Sample charts | 30 mins |  |
| 12:30-1:30 | *Lunch* | | |  |
| 1:30-2:10  Group | Complete “Support Birth” pages (pg. 16b, 17b, 18b, and 19b).  Review pages. Point to the Action Plan to match steps.  Ask any “Knowledge Checks” invite discussion. **Demo & practice: Supporting pushing, Managing 2nd stage Video, Birthing the baby Video** | Flipbook  Simulators  Delivery Kit | 40 mins |  |
| 2:10-2:30  Group | Complete “Support Immediate Care” pages (pg. 20b, 21b, 22b, and 23b). Review pages, **Immediate Care Video**, point to the Action Plan to match steps.  Ask “Knowledge Checks” and invite discussion. | Flipbook | 20 mins |  |
| 2:30-2:40  Group | Complete “Continue Care” page (pg. 24b).  Explain, **IF NO VIDEO HAS BEEN USED: Demo Clean and Safe Birth** otherwise, Discuss | Flipbook | 10 mins |  |
| 2:40-3:40  Stations | **Tea break & Exercise** (pg. 25b)**:** **Practice Clean and Safe Birth.**  Facilitator wears simulator. | Childbirth simulator (with cervix inserts) | 60 mins | All facilitators |
| 3:40-4:00  Group | Complete “Continue Care” pages (26b, 27b, 28b, and 29b).  **Continue Care Video** Ask “Knowledge Checks” and Discuss. | Flipbook | 20 mins |  |
| 4:00-4:20  Group | Review “if not normal” yellow/red pages (30b and 31b).  Review pages. Invite discussion. **Exercise: case studies**. | Flipbook | 20 mins |  |
| 4:20-4:40  Small groups | **Exercise: Taking Action! Preparing for LDHF (32b)** – For large TOT workshop, explain activity | Flipchart | 20 mins |  |
| 4:40 – 5:00 | Post-course Knowledge Assessment, Confidence assessment  (OSCE 3:  Support Birth 5 min)  *Certificates and closing remarks* | KT | 20 mins |  |