# ENC Now!

Example agenda for two-day course

[Click here to open the course](https://hmbs.org/digital-learning/ENC-now/)

Find more resources at [hmbs.org](https://hmbs.org/)

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| **Before the course** | |
| 90 min | Participants go through Section 1. Introduction on their own, including Knowledge Check |
| **Day 1** | |
| 60 min | Introduction |
| 15 min | Break |
| 90 min | Grey zone: Preparation for Birth |
| 60 min | Break |
| 90 min | Green zone: Routine Care |
| 15 min | Break |
| 30 min | Yellow zone: The Golden Minute — Clear Airway and Stimulate Breathing |
| 60 min | Yellow zone: The Golden Minute — Establishing ventilation |
| 5 min | Adjourn for the day |
| **Day 2** | |
| 30 min | Review day 1 and answer questions |
| 60 min | Yellow zone: The Golden Minute — Establishing ventilation, continued |
| 15 min | Break |
| 90 min | Red zone: Continued Ventilation |
| 60 min | Break |
| 60 min | Commit to making a difference |
| 15 min | Break |
| 30 min | Evaluation Part 1   * Post-course Knowledge Check * Post-course Bag and Mask Skill Check * Discussion about what an OSCE is. |
| 60­­‑90 min | OSCE- A & B |
| 30 min | Closing session (certificates, photo) |