



Coordinating Care

Coordinating care with your health care team helps improve your overall health and can be an important time saver. Consider the following tips for Care Coordination as it relates to keeping your care as up to date and streamlined as possible.

- Tip 1: Bring a list of your current specialists to your appointment.
- Tip 2: Please list your current specialist on the patient portal.
- Tip 3: Ask providers when to expect your test results and if you will need a follow-up visit.
- Tip 4: Follow up on your test results- if you have not received your test results online, via mail, or received a call. Contact the clinic to prevent delays in care.

Consider the following tips for Stewardship of Resources as it relates to medication adherence:

- Tip 1: Bring a list of your medications to your appointments.
- Tip 2: Talk openly with your doctor/provider about medication cost.

Having well-coordinated care and being empowered to bring helpful lists and questions to appointments, can help keep you healthy, and your care team well informed to make the best decisions with you.

Note: Questions that pertain to Care Coordination are included in several Patient Experience survey tools deployed within the SWHR Clinically Integrated Network (CIN) and by various payors.

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