

Suggested Use: Take 2 pumps by mouth. Hold in mouth 30 seconds before swallowing. Repeat to desired dosage or as directed by a healthcare professional. Take on an empty stomach, at least 10 minutes before meals. If pregnant or breastfeeding, consult your healthcare practitioner before use.

Store at room temperature. Do not refrigerate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Product Code:
QSBCOMP02
15006.13

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LIPOSOMAL

METHYL B-COMPLEX

Complete
B-Vitamin Formula

Dietary Supplement

1.7 FL OZ (50mL)

Supplement Facts

Serving Size: 1 mL (2 Pumps) Servings Per Container: 50	Amount Per Serving	% Daily Value
Thiamin (Vitamin B1) (Thiamine HCl)	12mg	1000%
Riboflavin (as Riboflavin-5-Phosphate)	3.6mg	277%
Niacin (as Niacin, Niacinamide)	10mg	63%
Vitamin B6 (as Pyridoxine HCl)	6.7mg	394%
Folate (as Calcium Folate)	850mcg DFE	213%
Vitamin B12 (as Methylcobalamin)	500mcg	20833%
Biotin	500mcg	1667%
Pantothenic acid (as Calcium d-Pantothenate)	22.5mg	450%
Proprietary Blend	125mg	**
Phosphatidylcholine (from purified sunflower seed lecithin), Milk Thistle Seed Extract, Trimethylglycine (as betaine)		

**Daily Value not established

Other Ingredients: Water, glycerin, ethanol, tocopherol, EDTA (as preservative), natural citrus oils, natural mixed tocopherols, natural flavoring

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